

Instructor/TA Info

Instructor Information

Name: Wendy Sheffield

Office Location: 2171 JFSB

Office Phone: 801-422-8749

Email: wendysheffield@byu.edu

TA Information

Name: Jessica Meyers

Office Location: 750 North Freedom Blvd

Office Hours: Only By Appointment

Email: jess.meyers16@gmail.com

Course Information

Description

Course Description

This online course aims to teach BYU MSW students how to effectively work with clients who have experienced trauma. Students will learn about the most effective and efficacious trauma treatments by reading book chapters and articles, completing formal trainings, watching videos, practicing trauma informed interventions, and writing reflection papers. By the end of this course, students will have received multiple online trauma certificates, including, but not limited to: TF-CBT and CPT from MUSC (Medical University of South Carolina); and complex trauma; secondary traumatic stress; culture and trauma; family systems; terrorism, disaster and children; and military families; through the National Child Traumatic Stress Network (NCTSN). This course will teach students to view client mental distress symptoms through a trauma lens, and prepare students to work with clients who have experienced diverse forms of trauma. The completion of this class will help students meet the requirements for the BYU MSW Trauma-Informed Clinical Social Work Practice Certificate.

This course is a rigorous, 2 credit, master's level, Clinical Social Work class. Minimum hour standards for a 2 credit master's level BYU class are: 2 hours/week in class and 2 hours outside of class for each in class hour. This totals 6 hours/week, or 90 minimum hours across the course of a semester for a 2 credit class. Please be prepared to devote at least 90 hours of time to complete the required content for this course.

Please remember: "On Campus courses" include the time you spend in class as well as any outside of class time. "Online courses" include all the hours you spend on the course. The total time spent on this course equals the same amount of time you would spend in an "On Campus course" (90 hours minimum), when you consider hours both in and out of the classroom.

Because of the online format of this course, the ease of "falling behind" and subsequently not completing the course, and prior experience with student procrastination, assignments are now outlined and submitted on a weekly basis.

Students may complete assignments prior to the date published in the syllabus. Late submissions will be accepted with an automatic scoring deduction of 50%.

Assignments fall under Six Categories:

1. **Readings** - (One journal article by Levenson; Two books, "the Body Keeps the Score" by Van der Kolk (2015) and "101 Trauma Informed Interventions" by Curran (2013); and one online pamphlet, "Vicarious Trauma: Self-Care and Resiliency" by BYU School of Social Work (2018)
2. **Video Trainings** - (Seven video trainings, all found online with links included)
3. **National Child Traumatic Stress Network Assignments** - (NCTSN) (2018) -- assignments include reading/reviewing the materials specified on this website. Free; no log-in require.
4. **MUSC (Medical University of South Carolina) Trainings** - Two online training/certificate programs: TF-CBT Certification (registration and fee required) and CPT Certification (registration required)
5. **NCTSN Learning Center Certificates** - NCTSN Certificate Training Programs for Professionals. Professional CEU credits awarded. (registration and account creation required)
6. **Reflection Papers** - Two Reflection Papers.

Documentation of Completion of Assignments: All documentations are submitted via Learning Suite, under the Assignments section.

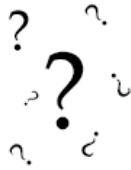
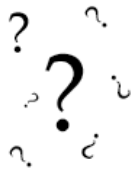
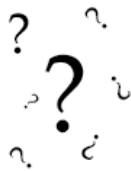
1. **Readings**- One sentence stating student read the assigned reading in its entirety. Full points for reading in entirety. 0 points if didn't read in its entirety.
2. **Video Trainings**- One sentence stating student watched the assigned video in its entirety. Full points for watching in entirety. 0 points if didn't watch in its entirety.
3. **NCTSN Assignments**- One sentence stating student read/reviewed the assigned material in its entirety. Full points for reading/reviewing material in entirety. 0 points if didn't read/review material in its entirety.
4. **MUSC Trainings**- Submit copies of certificates earned.
5. **NCTSN Learning Center Certificates** - Submit copies of certificates earned.
6. **Reflection Papers**- Submit written reflection papers via LS.

Prerequisites

Prerequisites

Successful completion of SocW 660 and SocW 661

Materials

Item	Price (new)	Price (used)
 <p><u>The Body Keeps The Score</u> - <i>Required</i> by Van Der Kolk, B</p>	27.95	21.00
 <p><u>101 Trauma-informed interventions</u> - <i>Required</i> by Curran, L</p>		
 <p><u>MUSC, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Online Module/Certification (KVSP)</u>. Found at tfcbt.musc.edu. - <i>Required</i></p>		

Learning Outcomes

Description

This online course aims to teach BYU MSW students how to effectively work with clients who have experienced trauma. Students will learn about the most effective and efficacious trauma treatments by reading book chapters and articles, completing formal trainings, watching videos, and writing papers. By the end of this course, students will

have received multiple trauma certificates, including TF-CBT; CPT; complex trauma; secondary traumatic stress; culture and trauma; family systems; terrorism, disaster and children; and military families. This course will teach students to view client mental distress symptoms through a trauma lens, and prepare students to work with clients who have experienced diverse forms of trauma. The completion of this class will help students meet the requirements for the BYU MSW Trauma-Informed Clinical Social Work Practice Certificate.

Learning Outcomes:

Competency 1: Demonstrate Ethical and Professional Behavior

Competency 2: Engage Diversity and Difference in Practice

Competency 3: Advance Human Rights and Social, Economic, and Environmental Justice

Competency 4: Engage in Practice-Informed Research and Research-Informed Practice

Competency 6: Engage with Individuals, families, group, organizations, and communities

Competency 7: Assess Individuals, families, group, organizations, and communities

Competency 8: Intervene with Individuals, families, group, organizations, and communities

Grading Scale

Grades	Percent
A	94%
A-	90%
B+	87%
B	83%
B-	80%
C+	77%
C	73%
C-	70%
D+	67%
D	63%
D-	60%
E	0%

Participation Policy

This course is a rigorous, 2 credit, Master’s level, Clinical Social Work class. Minimum hour standards for a 2 credit master's level BYU class are: 2 hours/week in class and 2 hours outside of class for each in class hour. This totals 6 minimum hours/week, or 90 minimum hours across the course of a semester. Please be prepared to devote at least 90 hours of time to complete the required content for this course. Do not delay course requirements, as such will not only hinder your ability to successfully complete the course, but it will negatively impact the amount you are able to learn from the course.

Note: To complete some of the Continuing Education Courses (which provide CEU Certificates as documentation of completion) via NCTSN Learning Center you will need to register and sign up for a free NCTSN account.

Please remember: “On Campus courses” include the time you spend in class as well as any outside of class time. “Online courses” include all the hours you spend on the course. The total time spent on this course equals the same amount of time you would spend in an “On Campus course” (90 hours minimum), when you consider hours both in and out of the classroom.

Because of the online format of this course, the ease of "falling behind" and subsequently not completing the course, and prior experience with student procrastination, assignments are now outlined and submitted on a weekly

basis. Students may complete assignments prior to the date published in the syllabus. Late submissions will be accepted with an automatic scoring deduction of 50%.

Assignments fall under Six Categories:

- 1. Readings** - (One journal article by Levenson; Two books, "the Body Keeps the Score" by Van der Kolk (2015) and "101 Trauma Informed Interventions" by Curran (2013); and one online pamphlet, "Vicarious Trauma: Self-Care and Resiliency" by BYU School of Social Work (2018)
- 2. Video Trainings** - (Seven video trainings, all found online with links included)
- 3. National Child Traumatic Stress Network Assignments** - (NCTSN) (2018) -- assignments include reading/reviewing the materials specified on this website. Free; no log-in require.
- 4. MUSC (Medical University of South Carolina) Trainings** - Two online training/certificate programs: TF-CBT Certification (registration and fee required) and CPT Certification (registration required)
- 5. NCTSN Learning Center Certificates** - NCTSN Certificate Training Programs for Professionals. Professional CEU credits awarded. (registration and account creation required)
- 6. Reflection Papers** - Two Reflection Papers. **A score of 80% or above on both of these papers is required to pass the course.**

Documentation of Completion of Assignments: All documentations are submitted via Learning Suite, under the Assignments section.

- 1. Readings-** One sentence stating student read the assigned reading in its entirety. Full points for reading in entirety. 0 points if didn't read in its entirety.
- 2. Video Trainings-** One sentence stating student watched the assigned video in its entirety. Full points for watching in entirety. 0 points if didn't watch in its entirety.
- 3. NCTSN Assignments-** One sentence stating student read/reviewed the assigned material in its entirety. Full points for reading/reviewing material in entirety. 0 points if didn't read/review material in its entirety.
- 4. MUSC Trainings-** Submit copies of certificates earned.
- 5. NCTSN Learning Center Certificates** - Submit copies of certificates earned.
- 6. Reflection Papers-** Submit written reflection papers via LS. **A score of 80% or above on both of these papers is required to pass the course.**

Assignments

Assignment Descriptions

I1 - Introduction to Course Video (K) (week 1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

Students will watch the "Intro Video to Trauma Informed Clinical Social Work Practice" found under the content tab of this LS syllabus.

Please watch this video and review the ppt found under the "content tab" of this syllabus as many times as needed for you to understand the requirements of this course. When sufficiently familiar with the requirements for this course, students will submit one sentence, via LS, documenting their completion of the video and their understanding of the requirements for this course.

Late submission of assignment will result in an automatic 50% deduction in scoring.

R1-"Trauma - Informed Social Work Practice" (KVSP)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

Students will read or view the assignment below and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

- Levenson, "Trauma – Informed Social Work Practice" Social Work, Volume 62, Issue 2, 1 April 2017, 105-113. <https://academic.oup.com/sw/article/62/2/105/2937786> (<https://academic.oup.com/sw/article/62/2/105/2937786>)

A pdf of this article can be found under the content tab of this LS Syllabus.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A4-Complex Trauma (K) (week 1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A3-Age-Related Reactions of a Traumatic Event (KP) (week 1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

Students will read or view the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

V2-"How Childhood Trauma Affects Health Across a Lifetime" (KVP) (week 1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

- "How Childhood Trauma Affects Health Across a Lifetime" <https://www.youtube.com/watch?v=95ovlJ3dsNk> (<https://www.youtube.com/watch?v=95ovlJ3dsNk>) (KVP)

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A1-What is Child Traumatic Stress? (K) (week 1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

Students will read or view the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A2-12 Core Concepts for Understanding Traumatic Stress Responses in Children and Fam (KV) (week 1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

Students will read or review the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

V1-"The Biology of Stress and Trauma" (KP) (week1)

Sep
08

Due: Saturday, Sep 08 at 11:00 pm

- **Watch:** "The Biology of Stress and Trauma: What Happens in Our Brains" (KP)
<https://www.youtube.com/watch?v=RTp5OHtuAec> (<https://www.youtube.com/watch?v=RTp5OHtuAec>)

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

V3-"My Story: Elizabeth Smart, TEDx" (KVP) (week 2)

Sep
15

Due: Saturday, Sep 15 at 11:00 pm

Students will read or view the assignment below and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

- "My Story: Elizabeth Smart, TEDx" <https://www.youtube.com/watch?v=h0C2LPXaEW4>
(<https://www.youtube.com/watch?v=h0C2LPXaEW4>) (VP)

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A6-Trauma Informed Screening & Assessment (KS) (week 2)

Sep
15

Due: Saturday, Sep 15 at 11:00 pm

Students will read or view the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A5-Trauma Types (K) (week 2)

Sep
15

Due: Saturday, Sep 15 at 11:00 pm

Students will read or view the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

V4- Adolescence and Substance Abuse "Trauma and Co-Occurring Disorders..." (KVSP) (week 3)

Sep
22

Due: Saturday, Sep 22 at 11:00 pm

Students will read or view the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A7-Trauma and Substance Abuse (K) (week 3)

Sep
22

Due: Saturday, Sep 22 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A8-Adolescence and Substance Abuse Fact Sheets (5) (KVP) (week 3)

Sep
22

Due: Saturday, Sep 22 at 11:00 pm

Students will skim, read or view the assignment and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A10-Trust and Acceptance ...(KV) (week 4)

Sep
29

Due: Saturday, Sep 29 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

V5-"The Developmental Impacts of Trauma" (Lee)(KVP) (week 4)

Sep
29

Due: Saturday, Sep 29 at 11:00 pm

Students will read or view the assignment below and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

- "The Developmental Impacts of Trauma"
- <https://youtu.be/-xnVwYGZSI4> (<https://youtu.be/-xnVwYGZSI4>) (KVP)

The power-point of this presentation is found under the Content tab of this syllabus.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A9- Culture and Trauma (KVSP) (week 4)

Sep
29

Due: Saturday, Sep 29 at 11:59 pm

see detailed outline under the "content tab" for specifics and links.

V6 -"Trauma Interventions" (Miller) (KVSP) (week 5)

Oct
06

Due: Saturday, Oct 06 at 11:00 pm

Students will read or view the assignment below and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

Jessica Miller, "Trauma Interventions" <https://youtu.be/8ewdPtmShg8> (<https://youtu.be/8ewdPtmShg8>)

The power-point of this presentation is found under the Content tab of this syllabus.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A11- Secondary Traumatic Stress (KP) (week 5)

Oct
06

Due: Saturday, Oct 06 at 11:59 pm

Review information. See detailed outline under the content tab.

A 12- Special Populations and Trauma (KVP) (week 5)

Oct
06

Due: Saturday, Oct 06 at 11:59 pm

Review one topic of your choice. see detailed outline under content tab.

A13 -Treatments that Work (KVP) (week 6)

Oct
13

Due: Saturday, Oct 13 at 11:00 pm

Students will read or view the assignment and will submit, via LS, a one sentence statement verifying they read and viewed the assignments, and include the total number of points (out of 100 total points) they earned.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an

automatic 50% reduction in scoring.

V7 -"Drowning in Empathy: The Cost of Vicarious Trauma" (KVP) (week6)

Oct
13

Due: Saturday, Oct 13 at 11:00 pm

Students will read or view the assignment below and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

- **Watch:** "Drowning in Empathy: The Cost of Vicarious Trauma" (<https://www.youtube.com/watch?v=Zsaorjlo1Yc&t=338s>) (<https://www.youtube.com/watch?v=Zsaorjlo1Yc&t=338s>) (KVP)

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A 14- Prerequisite Clinical Competencies for Implementing... (KVSP) (week 6)

Oct
13

Due: Saturday, Oct 13 at 11:00 pm

review position statement. see detailed outline under content tab for link

R4-Vicarious Trauma: Self-Care and Resiliency" (KVSP)

Oct
20

Due: Saturday, Oct 20 at 11:00 pm

Students will read or view the assignment below and will submit, via LS, a one sentence statement verifying they read or viewed the assignment in it's entirety.

The Vicarious Trauma Pamphlet is found under the Content tab of this learning suite syllabus. It is also found at:

<http://socialwork.byu.edu/Content/Documents/Documents/VicariousTrauma.pdf>

(<http://socialwork.byu.edu/Content/Documents/Documents/VicariousTrauma.pdf>).

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C4-Skills for Psychological Recovery(week 9)

Oct
27

Due: Saturday, Oct 27 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A15-Families and Trauma (KVP) (week 8)

Oct
27

Due: Saturday, Oct 27 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C2- CPT Certification (KVSP)

Oct
27

Due: Saturday, Oct 27 at 11:00 pm

Complete the Cognitive Processing Therapy (CPT) Online Module/Certification (KVSP). Found at cpt.musc.edu (<http://cpt.musc.edu/>). Document completion by submitting completion certificate on Learning Suite.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C3-Psychological First Aid (KVSP)(week 9)

Oct
27

Due: Saturday, Oct 27 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C7-ITCT (Lanktree) (KVSP)(week 10)

Nov
03

Due: Saturday, Nov 03 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C5-The Neurobiology of Complex Trauma (Van der Kolk) (KVSP)(week 10)

Nov
03

Due: Saturday, Nov 03 at 11:00 pm

- See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C6- ARC (Kinniburgh) (KVSP)(week10)

Nov
03

Due: Saturday, Nov 03 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C9-Comprehensive Assessment of Complex Trauma (Briere) (KVSP)(week 11)

Nov
10

Due: Saturday, Nov 10 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C8-Treatment Planning for Complex Trauma (Spinazzola) (KVSP)(week11)

Nov
10

Due: Saturday, Nov 10 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C11-Mindfulness Interventions... (Briere) (KVSP)(week 11)

Nov
10

Due: Saturday, Nov 10 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C10-Attachment-Focused Interventions of... (Lanktree) (KVSP)(week 11)

Nov
10

Due: Saturday, Nov 10 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C13-Cultural Implications of Secondary Traumatic Stress (KP)(week 12)

Nov
17

Due: Saturday, Nov 17 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C12-Secondary Traumatic Stress...What is it? (KP)(week12)

Nov
17

Due: Saturday, Nov 17 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

R3-"101 Trauma Informed Interventions" (KVSP)

Nov
17

Due: Saturday, Nov 17 at 11:00 pm

Read, “101 Trauma-Informed Interventions” by Curran (2013) in its entirety. Document completion of reading with statement of completion. (KVSP)

10 Trauma-Informed Intervention Activities. Use 10 trauma-informed intervention activities (from the Curran book) with your clients. If you cannot complete all of these with clients, you are allowed to complete these with a friend, classmate, parent, or other person who will participate.

Reflection Paper #2 will document and reflect upon your implementation of 10 of these intervention activities. See content tab, “Detailed Content Outline” for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C14-Organizational Secondary Traumatic Stress (KP)(week12)

Nov
17

Due: Saturday, Nov 17 at 11:00 pm

See content tab, “Detailed Content Outline” for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

R2-"The Body Keeps the Score" (KVP)

Nov
17

Due: Saturday, Nov 17 at 11:00 pm

Read, “The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma,” by Van der Kolk (2014) in its entirety. Document completion with statement of completion.

This is the single largest assignment of the class. If you read the entire book you will receive full (600) points. If you do not read the entire book you will receive no (0) points.

See content tab, “Detailed Content Outline” for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C18-Trauma and Resilience in Children (KVSP)(week 13)

Nov
24

Due: Saturday, Nov 24 at 11:00 pm

See content tab, “Detailed Content Outline” for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C16-Family Systems (KVSP)(week13)

Nov
24

Due: Saturday, Nov 24 at 11:00 pm

One training of choice (K) (submit certificate)

See content tab, “Detailed Content Outline” for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C17-Trauma, Spirituality, and Provider Care (Foy) (KVSP)(week13)

Nov

24 Due: Saturday, Nov 24 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C15-Culture and Trauma (KVSP) (week 13)

Nov
24 Due: Saturday, Nov 24 at 11:00 pm

One training of your choice.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C22-12 Core Concepts for Understanding Traumatic..#2 (KVSP)(week 14)

Dec
01 Due: Saturday, Dec 01 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C19-An Overview of the Military Family Experience and Culture (KVSP)(week 14)

Dec
01 Due: Saturday, Dec 01 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

A16-Using the CANS-Trauma Comprehensive (5 short videos) (KVSP) (week14)

Dec
01 Due: Saturday, Dec 01 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C20-Celebrating World Refugee Day: Understanding Refugee Experiences (KVSP)(week 14)

Dec
01 Due: Saturday, Dec 01 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C23- 12 Core Concepts for Understanding Traumatic ...#3 (KVSP)(week 14)

Dec

01 Due: Saturday, Dec 01 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C21- 12 Core Concepts for Understanding Traumatic Stress Responses #1 (KVSP)(week 14)

Dec 01 Due: Saturday, Dec 01 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C26 - AF-CBT Part #3 (KVSP)(week 15)

Dec 08 Due: Saturday, Dec 08 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C24- AF-CBT Part #1 (KVSP)(week 15)

Dec 08 Due: Saturday, Dec 08 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C27- AF-CBT Part #4 (KVSP)(week 15)

Dec 08 Due: Saturday, Dec 08 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

C25- AF-CBT Part #2 (KVSP) (week 15)

Dec 08 Due: Saturday, Dec 08 at 11:00 pm

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of assignments will result in an automatic 50% reduction in scoring.

Reflection Paper #2 (Required to pass class) (KVSP)

Dec Due: Monday, Dec 10 at 11:59 pm

10 Trauma-Informed Intervention Activities. Use 10 trauma-informed intervention activities (from the Curran book) with your clients. If you cannot complete all of these with clients, you are allowed to complete these with a friend, classmate, parent, or other person who will participate.

Write a Reflection Paper on the following topic:

1. Which 5 evidence-based trauma informed clinical interventions [out of the 10 that you implemented] had the greatest impact on your clients, and why? How do you think these interventions can impact your future clients?

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of this assignment will not be accepted, as this paper is due the last day of class.

A score of 80% or above on this paper is required to pass the course.

Reflection Paper #1 (Required to pass class) (KVSP)

Dec
10

Due: Monday, Dec 10 at 11:59 pm

1. What have you learned about Trauma-Informed Clinical Social Work Practice and how will this impact/inform your current and future social work practice?

Each paper should be 2-3 pages long, Times New Roman, double-spaced.

See content tab, "Detailed Content Outline" for online links to assignments, grading rubrics, and documentation of assignment completion requirements. Assignments are due on the date noted in this assignment tab. All assignments may be completed prior to the date outlined. Late submission of this assignment will not be accepted, as this paper is due the last day of class.

A score of 80% or above on this paper is required to pass the course.

Final Exam --- (Required to pass class) (KVSP)

Dec
12

Due: Wednesday, Dec 12 at 11:00 pm

Students will complete the final exam after completing all the assignments, readings, certifications, videos, etc. outlined in the syllabus. Any complete answer will receive full points (i.e. if the question asks for 5 items, any thoughtfully expressed 5 items listed will receive full points.) There is no right or wrong answer. A complete answer to each question will receive full points. A score of 80% or above on both of these papers is required to pass the course.

University Policies

Honor Code

In keeping with the principles of the BYU Honor Code, students are expected to be honest in all of their academic work. Academic honesty means, most fundamentally, that any work you present as your own must in fact be your own work and not that of another. Violations of this principle may result in a failing grade in the course and additional disciplinary action by the university. Students are also expected to adhere to the Dress and Grooming Standards. Adherence demonstrates respect for yourself and others and ensures an effective learning and working environment. It is the university's expectation, and every instructor's expectation in class, that each student will abide by all Honor Code standards. Please call the Honor Code Office at 422-2847 if you have questions about those standards.

Preventing Sexual Misconduct

In accordance with Title IX of the Education Amendments of 1972, Brigham Young University prohibits unlawful sex discrimination against any participant in its education programs or activities. The university also prohibits sexual harassment-including sexual violence-committed by or against students, university employees, and visitors to campus. As outlined in university policy, sexual harassment, dating violence, domestic violence, sexual assault, and

stalking are considered forms of "Sexual Misconduct" prohibited by the university.

University policy requires all university employees in a teaching, managerial, or supervisory role to report all incidents of Sexual Misconduct that come to their attention in any way, including but not limited to face-to-face conversations, a written class assignment or paper, class discussion, email, text, or social media post. Incidents of Sexual Misconduct should be reported to the Title IX Coordinator at t9coordinator@byu.edu or (801) 422-8692. Reports may also be submitted through EthicsPoint at <https://titleix.byu.edu/report> (<https://titleix.byu.edu/report>) or 1-888-238-1062 (24-hours a day).

BYU offers confidential resources for those affected by Sexual Misconduct, including the university's Victim Advocate, as well as a number of non-confidential resources and services that may be helpful. Additional information about Title IX, the university's Sexual Misconduct Policy, reporting requirements, and resources can be found at <http://titleix.byu.edu> (<http://titleix.byu.edu>) or by contacting the university's Title IX Coordinator.

Student Disability

Brigham Young University is committed to providing a working and learning atmosphere that reasonably accommodates qualified persons with disabilities. If you have any disability which may impair your ability to complete this course successfully, please contact the University Accessibility Center (UAC), 2170 WSC or 422-2767. Reasonable academic accommodations are reviewed for all students who have qualified, documented disabilities. The UAC can also assess students for learning, attention, and emotional concerns. Services are coordinated with the student and instructor by the UAC. If you need assistance or if you feel you have been unlawfully discriminated against on the basis of disability, you may seek resolution through established grievance policy and procedures by contacting the Equal Employment Office at 422-5895, D-285 ASB.

Academic Honesty

The first injunction of the Honor Code is the call to "be honest." Students come to the university not only to improve their minds, gain knowledge, and develop skills that will assist them in their life's work, but also to build character. "President David O. McKay taught that character is the highest aim of education" (The Aims of a BYU Education, p.6). It is the purpose of the BYU Academic Honesty Policy to assist in fulfilling that aim. BYU students should seek to be totally honest in their dealings with others. They should complete their own work and be evaluated based upon that work. They should avoid academic dishonesty and misconduct in all its forms, including but not limited to plagiarism, fabrication or falsification, cheating, and other academic misconduct.

Inappropriate Use Of Course Materials

All course materials (e.g., outlines, handouts, syllabi, exams, quizzes, PowerPoint presentations, lectures, audio and video recordings, etc.) are proprietary. Students are prohibited from posting or selling any such course materials without the express written permission of the professor teaching this course. To do so is a violation of the Brigham Young University Honor Code.

Mental Health Concerns

Mental health concerns and stressful life events can affect students' academic performance and quality of life. BYU Counseling and Psychological Services (CAPS, 1500 WSC, 801-422-3035, caps.byu.edu) provides individual, couples, and group counseling, as well as stress management services. These services are confidential and are provided by the university at no cost for full-time students. For general information please visit <https://caps.byu.edu> (<https://caps.byu.edu>); for more immediate concerns please visit <http://help.byu.edu> (<http://help.byu.edu>).

Respectful Environment

"Sadly, from time to time, we do hear reports of those who are at best insensitive and at worst insulting in their comments to and about others... We hear derogatory and sometimes even defamatory comments about those with different political, athletic, or ethnic views or experiences. Such behavior is completely out of place at BYU, and I enlist the aid of all to monitor carefully and, if necessary, correct any such that might occur here, however inadvertent or unintentional. "I worry particularly about demeaning comments made about the career or major choices of women or men either directly or about members of the BYU community generally. We must remember that personal agency is a fundamental principle and that none of us has the right or option to criticize the lawful choices of another." President Cecil O. Samuelson, Annual University Conference, August 24, 2010 "Occasionally, we ... hear reports that our female faculty feel disrespected, especially by students, for choosing to work at BYU, even though each one has been approved by the BYU Board of Trustees. Brothers and sisters, these things ought not to be. Not here. Not at a university that shares a constitution with the School of the Prophets." Vice President John S. Tanner, Annual University Conference, August 24, 2010

Schedule

Date	Column 1	Column 2
Week 1		
T Sep 04 Tuesday		
Sa Sep 08 Saturday	A1-What is Child Traumatic Stress? (K) (week 1) A2-12 Core Concepts for Understanding Traumatic Stress Responses in Children and Fam (KV) (week 1) A3-Age-Related Reactions of a Traumatic Event (KP) (week 1) A4-Complex Trauma (K) (week 1) I1 - Introduction to Course Video (K) (week 1) R1-"Trauma - Informed Social Work Practice" (KVSP) V1-"The Biology of Stress and Trauma" (KP) (week1) V2-"How Childhood Trauma Affects Health Across a Lifetime" (KVP) (week 1)	
Week 2		
T Sep 11 Tuesday		Devotional: President and Sister Worthen, President of Brigham Young University Devotional: President and Sister Worthen, President of Brigham Young University
Sa Sep 15 Saturday	A5-Trauma Types (K) (week 2) A6-Trauma Informed Screening & Assessment (KS) (week 2) V3-"My Story: Elizabeth Smart, TEDx" (KVP) (week 2)	
Week 3		
T Sep 18 Tuesday		Devotional: Carolina Núñez, J. Reuben Clark Law School Devotional: Carolina Núñez, J. Reuben Clark Law School
Sa Sep 22 Saturday	A7-Trauma and Substance Abuse (K) (week 3) A8-Adolescence and Substance Abuse Fact Sheets (5) (KVP) (week 3) V4- Adolescence and Substance Abuse "Trauma and Co-Occurring Disorders..." (KVSP) (week 3)	
Week 4		
T Sep 25 Tuesday		Forum: Judy Miller, City Journal Forum: Judy Miller, City Journal

Sa Sep 29 Saturday	A10-Trust and Acceptance ...(KV) (week 4) A9- Culture and Trauma (KVSP) (week 4) V5-"The Developmental Impacts of Trauma" (Lee)(KVP) (week 4)	
Week 5		
T Oct 02 Tuesday		Devotional: Scott Miller, College of Humanities Devotional: Scott Miller, College of Humanities
Sa Oct 06 Saturday	A 12- Special Populations and Trauma (KVP) (week 5) A11- Secondary Traumatic Stress (KP) (week 5) V6 -"Trauma Interventions" (Miller) (KVSP) (week 5)	
Week 6		
T Oct 09 Tuesday		Homecoming Opening Ceremony Homecoming Opening Ceremony
Sa Oct 13 Saturday	A 14- Prerequisite Clinical Competencies for Implementing... (KVSP) (week 6) A13 -Treatments that Work (KVP) (week 6) V7 -"Drowning in Empathy: The Cost of Vicarious Trauma" (KVP) (week6)	
Week 7		
T Oct 16 Tuesday		Devotional: Gerrit W. Gong, Quorum of the Twelve Apostles Devotional: Gerrit W. Gong, Quorum of the Twelve Apostles
Sa Oct 20 Saturday	R4-Vicarious Trauma: Self-Care and Resiliency" (KVSP)	
Week 8		
T Oct 23 Tuesday		Devotional: Stephen W. Owen, Young Men General President Devotional: Stephen W. Owen, Young Men General President
Sa Oct 27 Saturday	A15-Families and Trauma (KVP) (week 8) C2- CPT Certification (KVSP) C3-Psychological First Aid (KVSP) (week 9) C4-Skills for Psychological Recovery(week 9)	
Week 9		
T Oct 30 Tuesday		Forum: Bryan Stevenson, Equal Justice Initiative Forum: Bryan Stevenson, Equal Justice Initiative

Sa Nov 03 Saturday	C5-The Neurobiology of Complex Trauma (Van der Kolk) (KVSP)(week 10) C6- ARC (Kinniburgh) (KVSP)(week10) C7-ITCT (Lanktree) (KVSP)(week 10)	
Week 10		
T Nov 06 Tuesday		Devotional: José A. Teixeira, General Authority Seventy Devotional: José A. Teixeira, General Authority Seventy
Sa Nov 10 Saturday	C10-Attachment-Focused Interventions of... (Lanktree) (KVSP) (week 11) C11-Mindfulness Interventions... (Briere) (KVSP)(week 11) C8-Treatment Planning for Complex Trauma (Spinazzola) (KVSP)(week11) C9-Comprehensive Assessment of Complex Trauma (Briere) (KVSP)(week 11)	
Week 11		
T Nov 13 Tuesday		Devotional: Shayne M. Bowen, General Authority Seventy Devotional: Shayne M. Bowen, General Authority Seventy
Sa Nov 17 Saturday	C12-Secondary Traumatic Stress...What is it? (KP)(week12) C13-Cultural Implications of Secondary Traumatic Stress (KP)(week 12) C14-Organizational Secondary Traumatic Stress (KP)(week12) R2-"The Body Keeps the Score" (KVP) R3-"101 Trauma Informed Interventions" (KVSP)	
Week 12		
T Nov 20 Tuesday	Friday Instruction	
F Nov 23 Friday	Instructor Ratings Open Thanksgiving Holiday	
Sa Nov 24 Saturday	C15-Culture and Trauma (KVSP) (week 13) C16-Family Systems (KVSP)(week13) C17-Trauma, Spirituality, and Provider Care (Foy) (KVSP)(week13) C18-Trauma and Resilience in Children (KVSP)(week 13)	
Week 13		
T Nov 27 Tuesday		Forum: Christine Porath, McDonough School of Business Forum: Christine Porath, McDonough School of Business

W Nov 28 Wednesday	Final Exam --- (Required to pass class) (KVSP) Opens	
Sa Dec 01 Saturday	A16-Using the CANS-Trauma Comprehensive (5 short videos) (KVSP) (week14) C19-An Overview of the Military Family Experience and Culture (KVSP)(week 14) C20-Celebrating World Refugee Day: Understanding Refugee Experiences (KVSP)(week 14) C21- 12 Core Concepts for Understanding Traumatic Stress Responses #1 (KVSP)(week 14) C22-12 Core Concepts for Understanding Traumatic..#2 (KVSP) (week 14) C23- 12 Core Concepts for Understanding Traumatic ...#3 (KVSP) (week 14)	
Week 14		
T Dec 04 Tuesday		Devotional: David A. Bednar, Quorum of the Twelve Apostles Devotional: David A. Bednar, Quorum of the Twelve Apostles
Sa Dec 08 Saturday	C24- AF-CBT Part #1 (KVSP)(week 15) C25- AF-CBT Part #2 (KVSP) (week 15) C26 - AF-CBT Part #3 (KVSP)(week 15) C27- AF-CBT Part #4 (KVSP)(week 15)	
Week 15		
M Dec 10 Monday	Reflection Paper #1 (Required to pass class) (KVSP) Reflection Paper #2 (Required to pass class) (KVSP)	
T Dec 11 Tuesday		Devotional: Michelle D. Craig, Young Women General Presidency Devotional: Michelle D. Craig, Young Women General Presidency
W Dec 12 Wednesday	Final Exam --- (Required to pass class) (KVSP) Closes	
Week 16		
T Dec 18 Tuesday		