

# Supervision

## Suggestions & Topics

### Student Preparation for Supervision

1. Self-Assessment & Review
  - a. Want from supervision
  - b. Need from supervision
  - c. Openness to feedback & learning
  - d. Personal initiative, organization, and motivation
  - e. Strengths
  - f. Areas desire improvement
2. Review of Assignments & Goals from last week's supervisory session
3. Prepare Agenda for this week's supervision
  - a. Prepare documentation that needs FI review and signature
  - b. Review notes compiled across the past week
  - c. Review successes from past week
  - d. Review joys and frustrations from past week
  - e. Review cases from past week
  - f. Formulate questions regarding cases
  - g. Formulate questions/topics from suggested supervision topics

### Possible Supervision Agenda

1. Report on Assignments from last week' supervisory session
2. Paperwork/Documentation Review & Signature
3. Case Consultation
4. Development of Social Work/therapy Skills, Modalities, Interventions, Techniques, Trainings
5. Development of Professional Self
  - a. Strengths
  - b. Areas for Improvement
6. Projects/Activities can contribute to internship placement and would like to experience
7. Supervision Topics specific to Internship Time Frame (Beginning, Middle, End)
8. Assignments and Goals for the coming week (report on next supervisory session)

### Opportunities for Internship Activities

Prior Experiences & Experiences desired Advocacy, Social

Justice, & Policy Opportunities Research Opportunities

Tele-Mental Health Opportunities

Clinical Opportunities

Crisis Intervention

Individual short term (1-3 contacts)

Individual long term (4+ contacts)

Family

Group

Trainings

Structured-Agency required, provided, and available

Diversity of Training Opportunities (shadowing, observation of intern, role-plays, video-taping, etc.)

Intern presentations to Colleagues, Clients, Agency, Community

