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Social Work
compassion Spirit



School of Social Work Hosts Founders Day

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The first BYU School of Social Work Founders' Day celebration was held on campus in the Hinckley Center, September 28, 2011. More than 160 guests, including founders, faculty members, emeritus faculty, alumni, current students, and friends were in attendance at the dinner, where the W. Eugene Gibbons Endowed Fund in Social Work was announced. With an ultimate goal of \$150,000, this endowment will provide student scholarships and, in the future as the fund grows, the endowment may also be used to provide clinical lectures and conferences.

Along with our Founders Day celebration, we recognize the early contributions of many people including Amy Brown Lyman, Belle S. Spafford (LDS Church Relief Society), John C. Swenson, Ariel S. Ballif and Reed H. Bradford who all lobbied for the establishment of a School of Social Work at BYU from the 1930s to 1950s. The supportive voices of Joseph Symons, John R. Christiansen and William Dyer were added later. Art Slater taught the first Introduction to Social Work class in 1956, including the in-agency volunteer experience requirement. In 1967, the BYU Board of Trustees approved the initiation of the undergraduate

major in Social Work, with the hiring of W. Eugene Gibbons as the initial Chair, and practice courses taught by faculty jointly assigned to other majors: Art Slater, Beverly Nalder, Charles Woodworth, and Elvin Tanner, along with Genevieve De Hoyos, Wesley Craig, Phil Kuntz, Reed H. Blake, John F. Seggar, John S. Staley, and Barry L. Johnson from the Sociology Department. In 1975, the Bachelors Degree in Social Work was accredited by the Council on Social Work Education (CSWE) and E. Gene Shumway was hired to lead the MSW Program Feasibility Study. After more than thirty years of diligent effort, formal accreditation of our MSW Program was granted back to 1983 by the CSWE.

Among the many family members, including Dr. Gibbons' wife Evelyn, current faculty, and students, were other co-founders of the BYU School of Social Work Gene Shumway and Barbara Wheeler. Other invited emeritus faculty included Reed Blake, Genevieve De Hoyos, Dale Pearson, Wes Craig, and Barry Johnson, as well as many other former deans, school directors, and retired faculty.

The evening began with a short DVD, featuring interviews with three of the founders of the School of Social Work, Gene Gibbons, Barbara Wheeler, and Gene Shumway. Dr. Gibbons expressed his dream that the BYU School of Social Work would be "the finest program on the planet." Jini Roby and

Christian Moore gave alumni tributes to Dr. Gibbons; and Sandra Wilkes, the current Social Work Alumni President, gave a presentation about the many different parts of the world that have now been touched by the School of Social Work. Professor Jini Roby described her experience as a student in Dr. Gibbons' class. "I remember how Dr. Gibbons would say: "Do you hear it?" when he wanted to emphasize something." She concluded her remarks by stating, "Yes, Gene, we heard you. But more than that, we FELT of your love for us and for the people we were to serve."

As Dr. Gibbons gave brief closing remarks, he expressed deep gratitude and appreciation for all those who had been involved in putting the night together. In a spirit of deep humility he paid tribute to those who had assisted him in the founding of the school, the faculty, and lastly the students.

Dr. Benjamin Ogles, Dean of the College of Family, Home, and Social Sciences also expressed his gratitude for everything Gene has done as face of the BYU School of Social Work for nearly 30 years. He ended by stating that we were well on our way to achieving Gene's dream, of being the greatest Social Work program on the planet.

As the night came to a close all of the Gibbons children, grandchildren, nieces, and nephews in attendance sang "Love One Another."



Above: Program Director Dr. Limb



Above: Gene and Evelyn Gibbons



School of Social Work Mission Statement

The mission of the School of Social Work at Brigham Young University is to support the overall mission of BYU and the Church of Jesus Christ of Latter-day Saints by generating new knowledge and by educating and training students to use the appropriate knowledge, skills, and abilities of the social work profession to serve children and families within their environment and the context of their specific cultures.

From the Director

By Dr. Gordon Limb

A number of special events have occurred at the School of Social Work this past year. We had a wonderful "Founders Day" celebration in September 2011 where we announced the W. Eugene Gibbons Endowment. It was nice to have so many of you participate in the event and the endowment. As part of this celebration, we were able to interview many BYU Social Work founders. Personally, it really made me appreciate all the hard work and sacrifice that went into the creation of Social Work at BYU and instilled a renewed desire to do my best to continue their work. Here is a link for the DVD: <http://fhslectures.byu.edu/social%20work%20videos/founder%27s%20day%20video.mp4>

The past few years, we have also been working on a video production with help from BYU's Center for Teaching and Learning. This 14 minute video includes interviews from some of our alumni and examines the core elements of what social work is all about. We will be placing segments of this video on our website periodically and invite you to watch those as your time permits. I think you will be proud of our alumni and how they see their BYU education fitting into what they do as social workers.

Beginning in January 2012, we hired Wendy Sheffield to be our new Director of Field Education. She had previously served as our Associate Field Director for many years and brings to us great practice experience and passion for BYU and the community. We appreciate Kevin Marett for all his work as the Field Director the past four years. This move allows us, as some of our clinical faculty retire, to utilize Dr. Marett's strengths as a teacher and clinician to teach more clinical courses in our curriculum. We are fortunate to have two such qualified colleagues.

This past year a new Dean was announced in the College of Family, Home and Social Sciences. Dean Benjamin Ogles, a clinical psychologist and BYU Alum, was hired from Ohio University. He is very familiar with social work both as a practitioner and as an administrator over the social work program at Ohio University. We look forward to working with him as we seek to strengthen the MSW program. We appreciate Dean David Magleby's service as Dean of the College for the past 10 years.

Wanda Spaid has announced she will retire at the end of this academic year. We will miss her but are grateful that she will continue to teach one course, Psychopathology, for the next three years. We wish Wanda and her husband, Steve, the best as they transition to a new chapter in their lives.

Finally, in my national meetings, I again recognized what a blessing it is to be at BYU. My colleagues continue to be amazed that all of our students are offered paid internships. This has been built on the backs of great field staff, students, alumni, and agency personnel. I believe it has been a win-win situation for all involved and we are grateful for wonderful community collaboration. I recently received a newsletter from one of the top Schools of Social Work in the country. In that newsletter, the Dean mentioned that two semesters of in-state tuition for an MSW student was estimated at almost \$24,000. At BYU, two semesters of tuition currently costs \$5,760. Further, with over half of our entering MSW student cohort receiving some type of scholarship, we are very fortunate to be at an institution where the support of our governing body makes it possible to get an MSW degree at a very reasonable cost. Thanks again to all our alumni and friends for your support of BYU Social Work.

From the Alumni President

By Sandra L. Wilkes

As Fall Semester 2011 comes to a close, it is exciting to review the events over the past few months. On November 17, many of our alumni attended this year's social work conference, Substance Abuse and Families. Noted speakers Glen Hanson, PhD, Michael S. Robbins, PhD, Randolph D. Muck, M.Ed. and Kay M. Johnson, LICSW presented on addiction and evidence-based practice interventions.

In September, Dr. Gene Gibbons was honored at the first School of Social Work's Founders Dinner. Several speakers including Christian Moore of Why Try and Professor Jini Roby, former students of Dr. Gibbons, related their memories and gratitude for the extensive hours of labor by him and his team to establish BYU's School of Social Work. Dr. Gibbons spoke and reviewed many of the requirements, the prayers the team offered, and the confidence of the first year students, who relied upon them to attain certification.

In addition to Dr. Gibbons being honored, an exciting announcement of an endowment in his name was made. The evening was inspirational for all who attended. I personally felt such gratitude for the founders' efforts, which have benefitted literally thousands of social work students over the past 30 years.

As alumni of BYU's prestigious program, I encourage you to consider adding your support to the School of Social Work. Several possibilities for giving have been suggested, including giving one hour's salary. However, any contribution would be welcomed. In this period of economic uncertainty, it is difficult for many potential students to consider attending graduate school despite their desire. A contribution to the Gene Gibbons Endowment can increase the opportunity for education to a number of future students. Donations should be directed to: Jim Crawley at Jim_Crawley@byu.edu 801 422- 8028

As many of you are interested in maintaining contact and following up with former classmates, you are encouraged to keep the School of Social Work updated with both your accomplishments and current employment.

It continues to be an honor to serve as your Alumni President. I feel privileged to have sustained opportunities to associate with faculty and staff of the school and am confident that they are dedicated to maintain and increase the quality of education which our graduate students demand.

Please contact me with any suggestions for future conferences or activities. I appreciate your input and am pleased to share your insight.

Sincerely,

Sandra Wilkes
School of Social Work Alumni President
grandysw@yahoo.com



Your donation helps provide an excellent educational Experience for students. If each of our 4,000+ social work alumni gave just \$10 per year, that would fund a scholarship for a current social work student!

Yes, your donation matters!!

For donations to the School of Social Work contact:

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Help give more students an "exceptional educational experience."

Members of the Board: Sandra Wilkes, Terri Rowley, John Stewart and Mindy Woodhouse

BYU Welcomes New Professor



The School of Social Work is pleased to welcome a new faculty member, Dr. Kevin Shafer, who comes to us from teaching at Arkansas State University. Dr. Shafer will be teaching the Research Methods and Statistics classes for the first year MSW students, and will be closely supervising five MSW students, who have selected a research emphasis. First year students are grateful to him for helping them get through their first research and statistics classes.

Dr. Shafer is originally from Columbus, Ohio, where he received both his undergraduate and PhD degrees in Sociology from Ohio State University. His research work primarily involves the study of “remarriage,” and “the differences in a first and second marriage.” Most recently, he has studied “the psychological and economical benefits of remarriage.” Dr. Shafer has also focused his studies on the effects of the 2002 Healthy Marriage Initiative, which required study participants (divorced women of low socioeconomic status within the project) to attend relationship education classes.

Dr. Shafer is a convert to the Church of Jesus Christ of Latter-day Saints, having joined during his PhD program. He and his wife have two children, Clark, age 3, and Violet, age 17 months. He states he wanted to come to BYU because BYU’s School of Social Work is highly respected and he thought he would enjoy teaching in a gospel centered environment. He reports his experience thus far “has been great!” He has felt welcomed and the transition has been smooth. “BYU is a great place to be. They care about the

learning of their students, as well as research. The students make the job even better because they are motivated and fun to work with.”

When asked how the change has been from sociology to social work he stated, “It has been a learning process.” Dr. Shafer states he appreciates social work “because it recognizes social influences and because it is where psychology and sociology meet.” He is excited to be here and is looking forward to getting to know the students and faculty members better.



Above: Dr. Shafer with children, Clark and Violet, and his wife Melissa

BYU Welcomes New Director of Field Education

We are excited to welcome Wendy Sheffield as the new Director of Field Education. Wendy is no stranger to the BYU School of Social Work, as she has worked as Field Liaison and the Associate Director of Field Education for sixteen years.

Wendy is from Dillon, Montana where she learned to love riding ATVs, camping, PBR (pro bull riding events), and musicals. She is married to Mike Sheffield who she claims is “absolutely wonderful.” Together they have three children, all of whom are championship cloggers. Haley is 19, Devan is 17, and David is 14.

Wendy graduated with her BSW from BYU at the age of 19. She then graduated with her MSW from BYU at the age

of 21, where she began working at Watsch Mental Health in various areas such as the outpatient unit with children and adults and as a housing specialist and homeless coordinator. She has also worked as the Director of the Self-Sufficiency Program at Provo City Housing Authority, as a private practitioner, and as a contract therapist with LDS Family Services. Wendy has written several programs, including “Stay Alive,” which is an HIV prevention program taught throughout Africa, as well as co-authored “The Family Enrichment Program: Strengthening Families Through Weekly Family Night.”

She loves working at BYU because she enjoys working with students as well as with community social workers. “I get to work with wonderful community col-

leagues and great students who graduate and become great colleagues,” stated Wendy when asked about her feelings of working at BYU. Wendy has seen all sides of the social work field and is a great asset to the School of Social Work.



College of FHSS Welcomes New Dean



Excerpts taken from article by Danielle Leavitt, published in the Fall 2011 Connections Magazine. To read the full article click here (<http://fhss.byu.edu/news/Pages/connections-fall-2011.aspx>), 'Ushering in a New Dean.'

Thirty years ago BYU's largest college—the College of Family, Home, and Social Sciences (FHSS)—also emerged, a combination of the College of Family Living and College of Social Sciences. With its birth came the kick-off of a new BYU dean legacy, as Martin B. Hickman, from the Political Science Department, became the college's first dean. Followed by Stan Albrecht from Sociology, Don Fleming from Psychology and Clayne Pope from Economics, the legacy, now thirty years and six deans deep, is still pressing forward. This summer, a new page turned in the legacy, as the FHSS Dean's Office said an admiring goodbye to Dean David B. Magleby and welcomed new FHSS Dean, Dr. Benjamin M. Ogles.

Ogles received his Ph.D. from BYU's Psychology Department, and he names his own Ph.D. advisor Mike Lambert, who still teaches in the department, as one of the most influential people in his life. "His curiosity about all things psychological and insistence on going where the data goes and not letting your own beliefs determine what you're going

to say, those two things have always influenced me," says Ogles. He also named several other BYU faculty members as having been immensely important in shaping his life and career.

Recently hailed from Ohio University where he was the Dean of Arts and Sciences, Ogles is now the Dean of his own launch pad, and he still returns to the principles he learned as a Ph.D. student at BYU. He notes, "I hope as I approach the job of being Dean, even though it's not exactly like science, that those principles—curiosity about what happens, learning deeply about what's happening, and learning by good data—will continue to influence me."

Working fulltime as a BYU undergraduate to put himself through school, Ogles studied accounting with the goal of going to law school. When he got home from serving an LDS mission in Norway, he worked at what was then the Timpanogos Community Mental Health Center. "My boss was a psychologist," he says, "and I was finishing up my accounting degree and interacting with people in the mental health world, and I thought, 'you know, I really like this.' I was working with teenagers with problems. My wife and I were the group home parents for seven teenage boys, and I just decided I wanted to change directions." Though an accounting graduate, Ogles attended graduate school in BYU's Psychology Department.

All in all, Ogles is a people-person. In fact, he's concluded that "my whole life revolves around whatever person I'm with— helping them to take the next step." With a career emphasis in clinical psychology, Ogles notes that he is able to find opportunities to daily lift those with whom he interacts. Ogles states, "I guess the most important lesson I've learned is that people come before progress. It's not a nifty way of saying it or anything, but when all is said and done it's about how you treat people and being proud of how you behaved in any given circumstance."

As a husband to his wife, Maureen, and a father to their seven children, Ogles is a self-proclaimed family guy that chooses to wear "dad" shirts. In fact, he doesn't actually like the suit-and-tie getup. "I'm kind of a farm kid, when it comes right down to it." He is a chess enthusiast, likes sleeping in his own bed and kissing his kids goodnight, and when asked about his greatest successes, he states, "Most of the things I want to be successful at aren't done. I want to be a good father and a good husband, but that work's not finished. So I wouldn't call that a success yet, I'm still trying to get there."

As the next link in a dean legacy that spans his entire career, Ogles feels "humble and anxious and hopeful—all at once; hopeful that I don't mess it up and that I can do something that will make a difference." He acknowledges the huge reliance that he feels on all of the other people that work with him. "One of the things that seems pretty clear to me is that whether I succeed or not is really not at all that much about me, it's about everyone else in the college. If I can make it easier for everyone to do their job, then I'll be content with that."

He even gives a shout-out to FHSS alumni on how they can stay involved with the college. "There are a bunch of ways—even if you live a zillion miles away and can't get back to campus, you can represent BYU and the college of FHSS just by being good at what you do and making sure that people know that some of it came from your good education and what you got here," he notes.

Ogles is a simple guy who likes reading a book and being at home, and he notes that if you step back, you can see the noteworthy things in life. "When you've been around for a while and you see things that have meaning and import, you try to keep in perspective what really has long term significance."

School of Social Work Hosts 6th Annual Conference



Above: Conference speaker Randy Muck with School of Social Work Professors and MSWSA President Rosey Bassett

On Thursday, November 17, 2011 BYU hosted the 6th annual Social Work Conference. The conference was titled: *Substance Abuse and Families*. The conference was held in the Hinckley Center and was attended by BYU students and faculty, as well as about 250 social workers throughout the community.

Attendees were privileged to hear from four key speakers who addressed substance abuse and how it relates to the family. Dr. Glen R. Hansen, Professor of pharmacology and toxicology at the University of Utah and Director of the Utah Addiction Center, discussed the neurological effects of substance abuse and the cognitive dysfunctions that the use of drugs can have on memory and brain functions. He showed pictures of the brain and what happens to the brain as a result of substance abuse. Kay M. Johnson, consultant and trainer on addictions and co-occurring disorders, entitled her remarks "Women and Addiction." She spoke about the prevalence and themes that often accompany women with substance abuse problems.

While the level of prevalence for substance abuse is high in both men and women, knowing and understanding the common reasons for a woman's involvement with harmful substances will help clinicians better understand how to treat and help women. After a delicious lunch, Randolph D. Muck, former Chief of the Targeted Populations Branch at SAMHSA's Center for Substance Abuse Treatment, spoke about the use of standardized assessments when treating substance abuse, as well as the need for continuing care after an addiction is initially treated. Lastly, Michael S. Robbins, PhD, Research Director of Functional Family Therapy, spoke about different family approaches to resolving substance abuse problems such as Functional Family Therapy (FFT) and Brief Strategic Family Therapy (BSFT). Overall, the conference was a success. Dr. Wanda Spaid, who organized the conference, stated, "I think it went really well. There were far more people than I had expected, and I learned so much from interacting with the presenters. If I were to do another conference in the future I would do a whole conference focusing on substance abuse in adolescents. There is still so much to learn in that area."



Above: Conference Speaker Kay Johnson demonstrates how to interact with youth



The Center for Service and Learning (Y-Serve) provides BYU students with service opportunities in the local community.

They have 56 programs, many aligned with nonprofit agencies, and each one fulfilling a specific community need. Their programs fall under these categories: children/youth, education/mentoring, humanitarian, disabilities/elderly, health/sports, and self-reliance. Their mission is to provide every student with a meaningful service opportunity. If you'd like to have a meaningful service opportunity, you can contact them at (801) 422-8686 or at centerforservice@byu.edu, or find them on the internet at <http://yserve.byu.edu>.

Biography of Dr. Gene Gibbons

W. Eugene Gibbons Endowment Fund

Contributions at any level are still being taken and are greatly appreciated to reach our goal of \$150,000

*For more information
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Professor Emeritus W. Eugene Gibbons has provided exceptional service to the University, local community agencies, state and national professional organizations, and the Church of Jesus Christ of Latter-day Saints for the past 40 years. Upon completion of high school he served during the Korean War as a US Navy corpsman, serving in both a naval hospital and at sea aboard an air craft carrier, the USS Essex.

Dr. Gibbons received his B.S. in speech pathology (1960), masters of social work (1963), and doctorate in social work (1974) all from the University of Utah. At the request of Governor Rampton, Dr. Gibbons and five other professionals began the first comprehensive community mental health center in the State of Utah in 1965. In 1969, Professor Gibbons was hired by BYU to help assist with the development of the Bachelor of Social Work Program, which was fully accredited in 1975.

Over the years, Dr. Gibbons has served on numerous local boards, as chair of the Utah State Mental Health Board, State Social Work Licensing Board, and Utah Human Services (Welfare) Conference. He served as President of the Utah State Chapter of NASW and on the National Accreditation Commission of the Council on Social Work Education and as a Senior Site Visitor for both MSW and BSW programs. Dr. Gibbons also served as a program and curriculum consultant to universities seeking national accreditation. Professor Gibbons has been honored at national, state, and university levels for his contributions to social work education, social work as a profession, and as an advocate for the mentally ill.



Above: Gene Gibbons makes remarks at the close of the evening



Above: Founders Gene Shumway and Gene Gibbons



Above: Gene and Evelyn Gibbons accept award from Dean Ogles



Above: Alumni President Sanda Wilkes with husband, George Wilkes

Shumway Publishable Paper Contest

The Shumway Essay Contest was designed in honor of E. Gene Shumway, one of the founding fathers of the Brigham Young University MSW program. Dr. Shumway was recruited to BYU's Social Work faculty team in 1975, specifically in anticipation of the contribution he would make to the new Master's program. While working at BYU, he had a great influence on the evolving design and accreditation of the program. He maintained a personal vision and commitment to the School of Social Work and in many ways contributed to making it the program we enjoy today.

The 2011 Shumway Essay Contest winners were Heather Schauers (1st place) Ruth Aguirre (2nd place), and Kim Brimhall (3rd Place). All winners were invited to a special luncheon with the School of Social Work faculty and Dr. Shumway.



Above: Paper winners Heather Schauers and Ruth Aguirre with Dr. Gene Shumway

Ruth Aguirre wrote:

My experience with writing a paper for the Shumway Paper contest was exciting, yet overwhelming. Among our final papers, tests and preparations for graduation, I decided to write an extra paper because I would be lying if I was not motivated primarily by the cash prizes, but also for the opportunity to express my perspective on how social work values help to promote social, political and economic justice. My thoughts and structure of my paper were based on the NASW Code of Ethics that detail social work values and principles that are empowering to social workers in order to promote advocacy to the "vulnerable, oppressed and living in poverty." (NASW Code of Ethics). I infused my paper with personal situations and experiences that went along with each social work value and the learning that I underwent as I was becoming an aspiring social worker. I won 2nd place in the paper contest, along with \$300 dollars! Although it was a stressful time to do an extra 15 page paper, I was happy that I did it!



Above: From left to right— Kim Brimhall, Ruth Aguirre, and Heather Schauers

Advisory Council

Once each semester Dr. Limb meets with the Social Work Advisory Council, which consists of members from agencies throughout the community. The current members of the council are Juergen Korbanka (Director, Wasatch Mental Health), Casey Christopherson (DCFS Western Regional Director), Amy C. Curtis (Program Manager – Services for Children, LDS Family Services), Gene Gibbons (emeritus faculty member), Michael D. Gardner (LDS Family Services Counseling Training Specialist), Mark Keller (Utah State Hospital), Joy O'Banion (Executive Director, Family Support and Treatment Center), Allen Proctor (former field liaison and retired LDS Family Services counselor), Buddy Richards (BYU Educational Leadership), and Sandra Wilkes (Social Work Alumni Association President, and therapist at Wasatch Mental Health). "This is a chance for us to get feedback from key stakeholders in the community about what we can do to strengthen the program," said Dr. Limb. "It is a great way to identify gaps in the program that should be considered, and to know if we are meeting the needs of the community," he added.

Recently the Advisory Council discussed how students could work better with agencies to do a research project. As a result, there are now five agencies working with students on their projects. They are helping students learn how to conduct program evaluations and other research projects that will be of mutual benefit to both students and agency programs.

Following a recent meeting of the Advisory Council, the School invited a focus group to discuss ways to strengthen the clinical sequence and training in the MSW program. The focus group identified changes they believe would be beneficial to the program. First, they suggested that students receive more training on pharmacology, medications, and the neurology side of mental health. This would better prepare clinical social workers to participate in discussions regarding the effects and possible drug interactions of their clients. The focus group also identified the possible benefits of adding to the programs an elective on the treatment of sexual addictions. These Advisory Council suggestions have been shared with the Faculty Curriculum Committee.

Don H. Staheli Speaks as Honored Alumni

This year's College Honored Alumni Lecture speaker was Don H. Staheli, long time personal secretary to President Gordon B. Hinckley, the current secretary to the Quorum of the Twelve Apostles, and a graduate of the BYU MSW program. Brother Staheli titled his comments "It's the Principle of the Thing." The theme of his lecture was the principles that can be learned through life experiences and lessons.



Above: Brother and Sister Staheli with President and Sister Samuelson

He shared several principles he had learned while serving as a personal secretary to President Gordon B. Hinckley and as a mission president in Paris, France. In attendance were faculty members of the college, students, and returned missionaries from the Paris, France mission.

Brother Staheli began his lecture with the quote "I teach them correct principles, and they govern themselves" by Joseph Smith. He proceeded to talk about the importance of understanding the principles behind the talks we hear, the trials we encounter, and the conversations we have.

He explained that if we can do that, we will gain wisdom, and be able to understand the "why" instead of just the "what." Some of these principles included "Never climb higher than you are willing to fall" and "I'll just do me (sic) duty."



Above: Don Staheli with President Samuelson and Dean Ogles

Brother Staheli taught that as we learn principles, we will acquire wisdom. "There is not a soul in this room that does not hope for wisdom and hope to have good judgment," Brother Staheli said as he ended his lecture.

Students and faculty left the lecture with a new determination to look deeper into their experiences, and pick out principles they can use to better their lives.

Mary Lou Fulton Poster Contest

The Mary Lou Fulton Poster competition is an opportunity for students to present their research to the public. Students from all departments in the college are invited to participate by preparing a poster, which illustrates the hypothesis, research process, and results of their research. This year's 1st place winners for the School of Social Work were MSW students Andrew Rose and Josh Childs, working with Dr. Rick Miller, Director of the School of Family Life and Dr. Susanne Olsen Roper, Assistant Dean for the College of Family, Home and Social Sciences. They presented on "Marital Powers Influence on Satisfaction and Depression," and their findings, which demonstrated that "marital power does have a direct effect on depression for both the wives and the husbands."

MSW 2nd year student, Jonathan Padilla, won second place, with mentors Dr. Peter Ward, of the Marriott School of Management, and Dr. Gordon Limb, Director of the School of Social Work. He presented on "Urban American Indians: Relationship Quality and Father Involvement." He found that "relationship quality is a predictor of father engagement with their children...Social engagement and emotional supportiveness work together to influence passive and active engagement."



Above: Andrew Rose with his winning poster

The 2012 POSTER PRESENTATION

The College of Family, Home, and Social Sciences invites undergraduate and graduate students to participate in the annual Mentored Student Research Conference sponsored by the Mary Lou Fulton Chair. The conference is a full day event designed to showcase mentored student learning and is an opportunity for students to present and explain their research to the public. This upcoming year's conference is scheduled for April 5, 2012. Poster submissions are due by noon on Monday, March 26th. For more information on the upcoming conference, please visit

<http://www.fultonchair.byu.edu/EntryInstructions.dhtml>.

MSW Program Hosts Turkey Feast

This year first and second year MSW students threw a Fall Feast in the South Franklin community in Provo. All South Franklin community members were invited to participate in the feast, which consisted of turkey, mashed potatoes, stuffing, and all the works of a delicious Thanksgiving dinner. The food was donated by the Fresh Market in Provo and the MSW students. First year student, Zach Duvall stated, "there were quite a few people there and hopefully it can be the beginning of a good tradition there at the community center. It was a good opportunity for the community members to interact with and serve each other." Students were pleased with the turn out of the event as well as the generosity of Fresh Market and other fellow students. "It's great that no matter how busy the students get they still realize the importance of serving others and giving back to the community," said a community member in attendance. The event was a success and was enjoyed by all students and community members in attendance.



The 8th Annual Marjorie Pay Hinckley Lecture

Thursday, February 9, 2012
In the Hinckley Center Assembly Hall

J. David Hawkins, Professor of Social Work



The Marjorie Pay Hinckley Endowed Chair eighth annual lecture was held on February 9, 2012 in the Hinckley Center Assembly Hall. Dr. J. David Hawkins, Professor of Social Work at the University of Washington, presented a lecture entitled "Promoting Positive Youth Development: Advances in Community Prevention." Dr. Hawkins is the Endowed Professor of Prevention and Founding Director of the Social Development Research Group, School of Social Work, at the University of Washington. Dr. Hawkins' research focuses on understanding and preventing child and adolescent health and behavior problems. He seeks to identify risk and protective factors in order to better understand how these factors interact and affect both the development of healthy behaviors and the prevention of problem behaviors. He develops and tests prevention strategies targeted at specific risk factors in an effort to reduce risk through the enhancement of strengths and protective factors in families, school, and communities.

Dr. Hawkins was a lively lecturer who clearly demonstrated his passion and commitment to translating research into effective practice and policy to improve adolescent health and development. Following a brief introduction, the majority of his presentation centered on the Community Youth Development Study, a randomized experiment involving 24 communities across seven states, testing the effectiveness of the Communities That Care prevention system. He shared with those present some of the results of the experiment as well as information for further implementation in other communities. The evening ended with a candid question and answer session where those in attendance could discuss with Dr. Hawkins the implications of his research. For further information, the lecture can be viewed at <http://fhss.byu.edu/news/Pages/Lectures.aspx>.

Global Awareness Society Conference

This year's 20th annual International Global Awareness Society Conference took place in the Spring of 2011 in Puerto Rico. Rebecca Bishop, a current 2nd year MSW student, and Dr. Seipel presented their research at the conference. Dr. Seipel presented two papers, "Health Survey Comparison: Canada, the UK, and the United States" and "The Global Future: Prospects for Regional Peace and Development: East Asia." Rebecca's research involved the public awareness of human trafficking in Europe and the level of concern among European citizens.

Having lived in various parts of Europe, such as Italy and Spain, Rebecca developed an interest in European cultures. As a missionary in Spain, she witnessed tragic instances of human trafficking, which gave her a passion for the subject.

Through a long process of several different research questions and the search for a faculty mentor, Rebecca finally selected Dr. Charlie Morgan of the Sociology Department. "He was the best mentor I could have hoped for. Not only did he help me learn how to do research, but he also helped me become really excited about my research subject and gain a love for the research process," she explained.



Above: Dr. Seipel, Rebecca Bishop, and Sarah Moore Oliphant (BSW 1999 and current PhD candidate—Catholic University of America)



Dr. Seipel with GSS Conference attendees

Rebecca discovered that human trafficking is an immense problem in Europe and that while there are citizens who are aware and concerned, mainly married females, there is still a lot of work to be done. She knows that her research will benefit society, because the more we know about the causes and effects of human trafficking, the more we will know how to curtail it. Dr. Seipel reported that Rebecca did a great job and the scholars were very impressed with her work.

With the help of Dr. Seipel, Rebecca was able to receive grants, through the School of Social Work, the Graduate Student Society, and the Global Awareness Society, to enable her to travel to Puerto Rico to present at the Global Awareness Conference. Although preparing and presenting was stressful, she is grateful for the opportunity, and is now preparing her research for publication. One of the most important benefits of her project was the development of her love for research. "Now I know how to analyze data and apply it. I hope to use those skills in different programs where I work."

Joseph N. Symons Award

The 2011 Joseph N. Symons family award for Social Worker of Promise was awarded to Simon Peter Kayiki. The Symons award winner is chosen by the members of their graduating class, as someone who has exhibited social work values throughout the program including their field placement experiences.

When asked about his reaction to receiving this award Kayiki said, "to this day, I am still humbled by the fact that my colleagues voted for me; I voted for someone else! Whenever I question my abilities (believe me it is common even after graduation), I look at it from where it hangs, and I draw some strength knowing that perhaps there is some strength, idea or resource I need to tap into in order to be the "social worker of promise." In other words, it is an external symbol inviting me every day to do more, to be better, and to be committed to the noble social work mission. I hope somehow, that through my small efforts, I can touch someone whose world is hurting, and that they might be better, because I was there as a social worker."



Above: Kayiki with Dr. Seipel after receiving his award

Kayiki is currently working as a case manager with Ssejinja Children's Foundation in Independence, Missouri.

MSW Alumni Named “Social Worker of the Year”

Jesse Ellis (MSW 2010) was recently highlighted as an emerging leader in the National Association of Social Workers (NASW) and the Social Work profession by the NASW Utah Chapter. Jesse is currently serving on the NASW Board of Directors, and on the NASW Advocacy and Social Justice Committee.

Jesse discovered social work while selling insurance policies after his two year LDS mission in Mendoza, Argentina. He was unsatisfied with his job and felt unfulfilled. Through a referral from a friend, he began working with at-risk youth, and immediately gained a love and interest for working in the social service sector. He initially began studying psychology, but switched his focus to social work because he appreciated its broad scope of practice. In his spotlight interview for the NASW newsletter, Jesse stated that he has never regretted his decision to study social work. “On most days I help people in very significant ways and in ways that only a social worker can. Because I am trained to work with people in their environment, I am uniquely prepared to access the services needed to help these individuals sort through the clinical difficulties of their lives.”

NASW reports that Jesse is an exemplary early career social worker. He is exceedingly capable in all areas of social work; from his macro interests (Clergy Bridge and policy reform) to his mezzo interests (teaching), and finally to his micro level work (direct practice). “Jesse embodies all of the characteristics that differentiate social work from other mental health professions, in that he can work effectively along the continuum of social work. This, coupled with what seems to be an innate ability to lead and contribute to systems, made Jesse a natural choice. He was also chosen, due to his interpersonal qualities and steadfast dedication to NASW (he had served, at that time, two consecutive years on the board of directors),” they continued.

“I feel really strongly about my commitment to the NASW and hope that their recognition might inspire other young social workers to become more involved in NASW. We certainly need them!” Jesse stated. When asked about the influences that have lead him to



Above: Jesse Ellis with his wife and son

this point he continued, “generally speaking, not a week goes by that I don’t think of BYU and my graduate experience. In short, I never thought I was smart enough to make it into BYU. Therefore, the fact that I studied there and benefited from their institution was an enormous blessing. At BYU I learned scholarship and fine tuned my critical thinking skills. I was mentored and supported by my faculty, which ultimately increased my self-confidence and was also given the opportunity to lead, which is now paying off.”

Jesse is currently working as the Lead Social Worker for Intermountain Health Care’s Urban South Region and is living in Lehi with his wife, Kelby. He also works part time as an adjunct faculty member for UVU and teaches general psychology and social work courses. He has also continued to serve on the NASW Board of Directors.

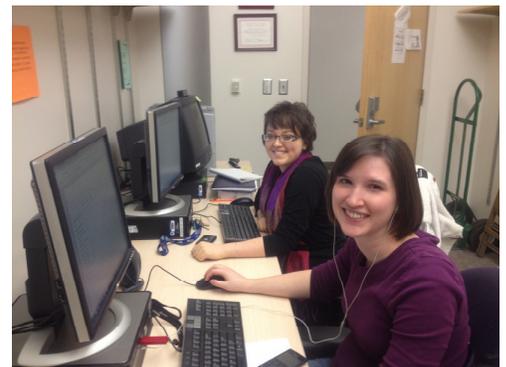
Cohorts Communicate Through Facebook



The Class of 2013 is now using Facebook as a communication resource among their cohort. First year student Todd Jensen created the page called “BYU MSW 2013” and invited each member of the class to join. Students check the page daily to ask questions or give feedback, and everyone can respond. “Classmates are able to collaborate on and ask questions about assignments, exams, and other items related to the program. Additionally, the Facebook group offers a casual and friendly environment in which peer relationships can be further

cultivated” says Todd. Students report that the Facebook Group Page has created unity among members of the class. It has helped students find quick answers about assignments, discuss an unclear topic, invite others to join a study group, or share a funny “youtube” video that relates to class a lecture. Feel free to check out the Group Page!

The School of Social Work also has a facebook page. Find it under “BYU School of Social Work.” Click “like” to join and receive updates and news.



Above: First Year students Jessica Crapo and Tiffany Larson

Dr. Spaid Retires



Dr. Wanda M. Spaid will be officially retiring from BYU on August 31, 2012. She has taught at BYU for 23 years and will be greatly missed. Dr. Spaid is originally from California but received her DSW

from the University of Utah. Throughout her time here she has taught a wide range of classes, including undergraduate courses: Introduction to Social Work, Casework, Social Service Programs, and Abnormal Psychology for the Psychology Department; and graduate courses: Research, Statistics, Introduction to Practice, Administration, Practice and Program Evaluation, Psychopathology, Field Seminars, Clinical Supervision class for students seeing clients at the Comprehensive Clinic, Substance Abuse Treatment, and Object Relations Therapy. At various times throughout her tenure at BYU she also has served as the Clinical Liaison for the School of Social Work with the Comprehensive Clinic, Graduate Coordinator of the MSW program, and as the Associate Director of the School of Social Work.

When asked what it has meant to work at BYU she stated that for her, "it's definitely been about the students. For me it's been

about watching students learn and grow, and then one day running into them out in the community and seeing their progress." She talked about how rewarding it's been to observe students as they anxiously get their first client during their second semester of the program, or start their first internship, and then eventually graduate and progress on a professional level. "That's been the most meaningful part of working here," she stated.

Dr. Spaid likely will continue to work part time in substance abuse treatment for Utah County, and possibly do some part time consulting at the national level. She also may continue to teach part time for the School of Social Work for the next few years. She is excited to have more time to "play" and is planning a scuba diving trip to Bonaire this May.



Pictures: Dr. Spaid enjoying two of her favorite activities

Professor Roby Becomes Full Professor

The School of Social Work is pleased to announce that Jini Roby has been advanced to the rank of a full professor. Professor Roby has been teaching at BYU for 14 years since the Fall of 1998. She received her BSW in 1977, MSW/MFT in 1984, and JD in 1990, all from BYU. She is currently teaching Intro to Social Work, Family Policy and Law, and Global Issues of Children at Risk.

The advancement to full professor means that the professors and administration of the School of Social Work recognize that Professor Roby has made a significant contribution to the field of social work, and that she has gained a national reputation. "I also think it means that I have a greater responsibility to be a role model and to represent BYU well to the world," Professor Roby explained. Professor Roby has focused her research on comparative and international child welfare, adoption policy and practice, orphan care, human trafficking, and commercial sexual exploitation of children. She is known throughout the world for the work she has done and the people she has helped. Recently

she was asked to serve on the Commission of Global Social Work Education of the Council on Social Work Education (CSWE).

Professor Roby is the mother of three children, ages 32 to 24. "Most students fall into this age range or below, so I feel a real sense of motherly interest in their personal growth as people, not just as students," she stated when asked about what she most enjoys about working with students. She cherishes the opportunity to mentor and influence students. "It gives me so much joy when students finally can see the great potential in themselves that I see in them," she continued. She explained that while teaching is not the same as working directly with clients 'in the trenches' it's nice to know that training social work students will have a ripple effect in the lives of many people for generations. "It is a real privilege to teach such bright and motivated students. I also love work working with faculty and staff who share a common vision and have such high aspirations for our students."

Below: Professor Roby speaking at Founders Day.



Faculty Accomplishments



Dr. Shirley Cox has been dividing her time for the past three years between the School of Social Work and the Sociology Department at BYU. However, with the retirement of Dr. Judy Norman, Shirley has been assigned to teach the direct practice *Methods of Psychotherapy, HBSE*, and the *Advanced Clinical Group* courses. In addition, she has participated in two publications this past year, one with Drew Mallory (the extension of his Honors' Paper) and one with Gay Brown on the contri-

butions of NGOs in Central Africa for the UN. In addition, she still reviews articles for the *Journal on Social Work Education* and the *International Social Work Journal*. She is still active in international social work activity consulting with North American and Caribbean Schools and assists CSWE as a Site Visitor, most recently completing two visits to programs in California.



Dr. Wanda Spaid has been busy putting together this year's annual conference on Substance Abuse and the Family. She has also been involved in the development of a quasi-experimental study of Dependency Drug Court outcomes in Utah County. This will be her last year working full time for BYU, as she will be officially retiring as of August 31, 2012.



Dr. Ken Matheson is still working in his private practice and enjoying teaching and working with students. This year he wrote a chapter in the book "Strengthening Marriages and Families" about adoption. He is also working on an LDS version of his previously published book "Keeping Love Alive." He recently finished a week of jury duty and enjoys spending time with his grandkids.



Professor Jini Roby was advanced to the rank of full professor. She has recently published three peer-reviewed articles with student co-authors, published a book chapter (on human trafficking) in the *Handbook of International Social Work*, and published a discussion paper for UNICEF on children in informal care, which has been distributed worldwide. This year she consulted with UNICEF headquarters in both New York and Ethiopia on their child welfare regulations. Recently she was asked to

serve on the Commission on Global Social Work Education of the Council on Social Work Education (CSWE). Professor Roby continues to serve as the MSW Admissions Chair and was recently asked to rejoin the Rank and Status Committee for the college. She reports that "more than anything, I love my students and nurturing future professionals!"



Dr. Michael Seipel published four papers this year in addition to presenting two papers at the annual Global Awareness Society International Conference in Puerto Rico. He is looking forward to traveling to New York this May for this year's conference. He enjoys working with students and helping them become future social workers.



Dr. Kevin Marett recently completed the training and is now certified in Eye Movement Desensitization and Reprocessing (EMDR) which he uses in the Crisis Intervention class. He also completed John Gottman's Couples Therapy Training which he uses in the Marriage and Family Practice class. Both models have been well received by the students and enhance the rigor and usefulness of the courses, making our graduates even better and smarter! On January 4, 2012, Dr. Marett stepped down as Director of Field Education, turning the reins over to Wendy Sheffield who has been the Associate Director of Field for many years. Dr. Marett will now resume his full time

responsibilities teaching clinical courses.

And What Would We Do Without our Secretaries....



Lisa Willey recently earned the BYU Staff and Administrative Employee Recognition Award for Team Work. Because she works with MSW students, her e-mail address is msw@byu.edu (even though she doesn't have that degree). She continues to call each student and alumni "one of her favorite students." She enjoys helping prospective students, current students, and alumni. She is also involved in recruiting and public relations for the MSW program. Last September she got to go to New York to recruit for the program. She claims she "drew the best straw" because Dr. Limb only got to go to Idaho. She loves working here and loves to receive e-mail updates from alumni.



Charlene Clark has been working at BYU for just over 3 years. "Long enough to learn that just as I begin to learn the names of our students it is time for them to graduate!" She recently received the BYU Staff and Administrative Employee Recognition Award for Innovation. Beyond keeping everything organized and on track on a daily and semester basis, she is spending most of her time working on the reaffirmation process. This past summer she took trips to Park City, Scotland, and Nauvoo. On the last night of her trip she broke her wrist and thumb. Luckily, it was on the last night of the last trip so she "didn't have to miss any of the fun!"

Kimberly Acerson is last BSW Valedictorian



Kimberly Acerson Freiss, current 1st year MSW student, was the last BSW valedictorian to graduate from BYU. “Kimberly was an excellent representative of the BSW program. She has been involved in the community and did much for our program here at BYU” said Dr. Shirley Cox.

Kimberly’s last few semesters were different than a typical undergraduate experience. Because the BSW program had been discontinued, Kimberly completed her final classes with the

masters students. “Because I was in the last BSW cohort to graduate from BYU” Kimberly stated, “some of my required classes were no longer offered, so I had to take graduate level classes. It was a great learning experience. I had the opportunity to learn from MSW students. I learned from their experienc-

es and insight. I also got to know the professors better and feel that it has helped me know how to approach their classes, now that I am actually in the MSW program. It was a great experience although it was pretty busy and difficult at the time.”

Kimberly has always loved being involved in the community. Growing up, she was a part of the 4-H Youth Council, United Way Youth Council, and school student government. “The favorite project I managed was the Angel Tree Program that occurs during Christmas. It’s a sub-for-Santa type of program where we try to get community members to adopt needy children (angels) for Christmas. We were able to serve about 500 angels, which was a miracle,” said Kimberly.

After completing a mission in Italy, Kimberly completed her undergraduate internship at Wasatch Mental Health, which she loved. She worked as a case manager with groups such as “Young Mothers” at an alternative high school, “Strengthening Families” for teens on a behavioral unit at a Jr. High, and a summer program called “STRIDE.” She says that this community internship practice gave her great experience that helped her know she wanted to continue her education in social work.

Ariel S. Ballif Award

The Ariel S. Ballif Award for Academic and Professional Excellence is awarded annually by the Social Work faculty to one student in the School of Social Work. Unlike other awards at BYU this is not based on a ‘winning paper’, but instead on the votes of faculty members for who they feel is most deserving. It is given to a graduating student who understands the need to constantly broaden and deepen their knowledge base, and accepts the responsibility of adding to the knowledge base of Social Work through effective research. The MSW 2011

award winner was Rachel Reist. “Rachel consistently demonstrated excellence in all of her academic and professional endeavors, and was very deserving of this award,” said faculty member Shirley Cox. When asked how she felt upon receiving the award Rachel responded, “I felt honored and humbled, having graduated with such exceptional class members. Receiving the award has left a deep impression upon me to always live up to the high standards of professional excellence set forth in the award carrying his name.”

MSW Class of 2013 New Student Orientation

Brigham Young University’s Master of Social Work program welcomed 40 new students on August 26, at the annual new student orientation. Members of this year’s incoming class reported a wide variety of interests and backgrounds and all appeared excited to get to know each other and their new program. The day began with faculty and student introductions, various “getting to know you” games, and an introductory quiz by Dr. Limb. Second year students came and gave the new students advice on how to succeed in the program and members of the Graduate Student Society presented various ways to get involved in the graduate school community. As orientation came to a close, Dr. Marett, Director of Field Education, gave a presentation about the internship opportunities for students this upcoming spring.



Current Cohorts

The new MSW class comes from a variety of interests, backgrounds, and countries. They have enjoyed getting to know each other and bonding as they work together to be successful in their first year of grad school. The MSW class of 2013 contains 25 women and 12 men, with an average age of 25. Fifty percent of the cohort completed their undergraduate degrees at BYU. Of the 36 students, nine are BSW graduates. The others come from a wide variety of undergraduate majors including Psychology, Marriage Family and Human Development, Sociology, Behavioral Sciences, Physiology, Developmental Biology, Recreational Management Youth Leadership, and German Linguistics. Fourteen are fluent in languages other than English such as Spanish, German, Russian, and Korean. Eight of the women and nine of the men have served full-time LDS missions. Fifty one percent of the cohort is married.

The Class of 2012 is nearing the end of their time here at BYU. They have made it this far and are pushing each other not only to get by, but to finish strong! This class has 11 men and 26 women, with an average age of the 32. Of the 37 members, ten are BSW students, eight are Psychology majors, three are Sociology majors and others received their undergraduate degrees in Human Development, Advertising, Communications, English, Education, and Anthropology. Just under two-thirds of the class received their undergraduate degrees from BYU. Only eight members of the cohort were born in Utah, yet 17 of them now call it home. Seven members were born in California, one was born in the Philippines, one was born in Uganda, one was born in Chile, and also one from Canada. Fourteen of the 37 current members of the cohort have served full-time LDS missions. Fifty-four percent of the cohort is married.

Following are some interesting facts about members of the cohorts and their past social work experience:

MSW Class of 2013



Zachary Duvall is from Temecula California and has six siblings. He is pictured with his cousin at the Ming Tombs near Beijing, China

where he spent 3 ½ months teaching German and English and learning Chinese. In addition, Zach also speaks Portuguese. He completed his undergraduate degree in German Linguistics and even presented research at the German Linguistics Annual Conference in Austin, Texas. Zach has volunteered at a variety of agencies and hopes his career in Social Work takes him back to China.



Shaleena Carlisle (pictured left with her one and only sister, her sister-in-law) lived all over the country as a result of her dad's career in the Air Force. The Air Force also took her to Germany where she was born and later went to high school- the only child in her family to only attend one high school and she had to graduate a year early in order to do that! As a BSW, Shaleena interned with Children and Family Services in Idaho and in the future hopes to be able

to work in adoptions, ideally helping birth moms.



Garrett Pace from Centerville, UT has worked with a variety of populations, including delinquent youth, hospital

patients, homeless/impoverished adults in detox, adults with cognitive and physical impairments, and most recently young children with various difficulties. As a result of his mission to Ukraine, Garrett speaks Ukrainian and some Russian. He hopes that social work takes him into academia and research. He is currently interested in the international development of social work, and also stepfamily well-being. And if you catch him in the hall sometime, he claims to be able to smile and frown at the same time!



Alexander Gray, from Hermiston Oregon, has worked at the Utah State Hospital and has also done international development in El Salvador working with the HELP International Program. While in El

Salvador, Alex emphasized in helping rural community members use square foot gardening as a method to improve their nutritional intake, developing education programs, volunteering at an orphanage, and evaluating the effectiveness of these programs and English classes. He plans on continuing to work in the area of community development. In his spare time Alex loves to run!

Kimberly Perry has had a variety of experiences in the social work field, such as doing behavior therapy with autistic children and volunteering with the Bishop's Storehouse. While serving a mission in England, Kimberly met Robin Hood, saw where Shakespeare was born,



and volunteered at a senior center. Kimberly is particularly interested in the field of play therapy. If you need some music, Kimberly is the one to go to as she has fiddled with the violin, recorder, mandolin, ukulele and guitar. In fact, one time Kimberly's family went Christmas caroling she took the accordion and they sang Jingle Bells at every door, because it was the one song she had memorized.

Carolina Graham is a Provo native who loves sports, the outdoors, and food. She intends on using her MSW degree to work with children or adolescents. We are quite blessed to have her in the program with us as a unique fact about her life is doctors told Carolina's family she would be mentally retarded due to an illness at infancy. But the illness went away and she grew up just fine! It is all still an mystery to the doctors.



Mike Bartlett (pictured with his wife) was born in Australia, but grew up in Provo. We largely have

Mike's wife Suzette (BSW 2008 and MSW 2010) to thank for sparking his interest in social work. Mike has volunteered at the Children's Justice Center, working with groups, and at Scenic View Academy as a tutor. He is currently inter-

ested in working as a therapist with people who have experienced trauma. Some fun facts about Mike include that his heart is about 33% bigger than it is supposed to be and he recently donated his hair to Locks of Love.



Kristee Curtis (pictured with a child in Cambodia) traveled alone to Cambodia and lived there for three months, vol-

unteering with a non-profit organization, Proliteracy Worldwide. Kristee had the opportunity to become completely immersed in the Cambodian culture, learned some of the language, and gained precious friends. Kristee worked with people in deep poverty, as well as literacy projects, small business projects, and farming projects. Her experience there fueled her fire to become a Social Worker and help others. In her own words, "the expe-

rience was a life changing one" and "Social Work Rocks!"



Ricci Howell (pictured with her husband) was born and raised in Atlanta, Georgia. She has volunteered at UVRMC in the Mother/Baby and Pediatrics units, has

worked in a Special Education class at a local elementary school, and she and her husband have been working at the Family Support and Treatment Center for the past year and a half in the crisis-respite nursery. She recently became scuba certified and is fascinated by languages. She studied abroad in Brazil for seven weeks and "would LOVE to go back!"

International MSW Students



Sherinah Saasa grew up in Zambia until she came to New York at the age of 18 to work as an exchange student with girls with special needs. She served a mission in London and then received her undergraduate degree in Social Work from BYU Idaho. She speaks five languages (four native to Zambia and English) and has two sons who are eight months and two years old. Sherinah hopes to one day return to Zambia to practice social work.



First Year Student Travels Abroad

1st year student, Kimberly Acerson Freiss is not only a prospective clinical social worker, but an accomplished ballroom dancer. Kimberly has been on the BYU Ballroom tour team for the past four years, and is currently teaching undergraduate ballroom classes. Last summer the Ballroom team traveled for three weeks through Thailand and Vietnam. While there they performed eight shows, including one for the Princess of Thailand, visited a children's hospital, toured several historical sites including the Viet Cong cave, and even rode elephants.

Kimberly has toured with the Ballroom team each summer for the past three years touring in China, Ukraine, Spain, Italy, France, Switzerland, Belgium, England, and this past summer in Thailand and Vietnam. Originally a dental hygiene major, she attributes her decision to pursue a career in social work partly to these touring experiences. "Although I went as a performer, we were able to interact with the people in outreach programs by visiting hospitals, orphanages, churches, and gov-

ernment officials, including the Princess of Thailand. I learned about their social problems and strengths as I studied their culture and interacted with them in their society." As part of the tour preparation, the Ballroom company was required to take a culture class, where they learned about the places they were going to visit, and researched the current social problems of the area. "As I began to learn about these people and then traveled to their countries, I realized that I had a love for the art of people," Kimberly described.



Above: Kimberly with now husband, Brent, at the hospital in Thailand.

MSW Student Association

Members of the MSW Student Association (MSWSA) council spend the majority of their time just like every other student in the program, writing papers, reading, going to class, going to internships, spending time with friends, family, roommates, eating, sleeping, exercising, and the list goes on....but in addition to all that fun stuff, they also plan and take part in many other events including: The Graduate Student Society (GSS) Halloween Carnival, the MSW Turkey Bowl, the MSW Christmas Party, community service projects for low income neighborhoods in Provo, meetings of the Utah chapter of NASW, BYU Social Work Advisory Council, GSS and School of Social Work faculty meetings, Family Home and Social Sciences (FHSS) Student College Council. Everybody on the MSWSA Council enjoys planning and attending these activities and meetings and appreciates the things they are learning and, more importantly, the relationships they are forming. The main objective of the MSWSA Council is to help create an environment that allows each person in the program to feel they are a part of this fun experience called "grad school!" Everything the MSWSA Council is they owe to their mothers, and "Cheerios."

-Rosey Bassett (MSWSA President)



MSWSA 2011-2012

Faculty Advisor: Dr. Seipel

President: Rosey Bassett

Graduate Student Society Representatives:

1st Year- Natalie Gilbert

2nd Year-Colette Dalton

Advisory Council Representatives:

1st Year-Zachary Duvall

2nd Year- Kaylee Dunn

Faculty Liaisons:

1st Year- Lindy Cobb

2nd Year- Mindi Moses

Mentor Coordinator:

2nd Year- Brian Califf

Activities:

1st Year- Makensie Baker

2nd Year- Bethany Anderson

NASW Representatives:

1st Year- Jessica Crapo

2nd Year- Jessica Woodbury

March is Social Work Month

Each year the National Association of Social Workers honors social workers across the country during the month of March. The MSWSA will be hosting an **Eating Disorders Lecture Series** on **Monday, March 19 from 9 AM to Noon in 3380 WSC (Wilkinson Student Center)** for all BYU students and members of the community interested in learning more about this topic.

Speakers for this event are:

9:00 a.m. - Nicole Hawkins, PhD, The Media, Body Image and Eating Disorders

10:00 a.m. – Michael Berrett, PhD, Spirituality and Eating Disorders

11:00 a.m. – Janna Dean, LCSW, Panel Presentation

All three speakers are well respected in this field of work and have extensive experience working with the population at the Center for Change as well as in their own private practice.

The MSWSA hopes this event will create an educational experience for all in attendance as well as shine a positive light on the amazing work social workers do.



Internship Reports

All MSW students complete 1,100 clock hours of internship over a 12 month period. Typically, students complete a full time internship during the spring/summer term after their first year of classes.

Historically, all MSW interns are paid.

Brandon Maughan—CY Roby and Associates. I couldn't speak more highly of CY Roby and his practice. It was a privilege to work with him and his staff and a great learning experience. CY Roby and Associates implements a variety of interventions to help sexual offenders successfully reintegrate into society. Dr. Roby's agency services over a hundred clients at any given time. The staff consists of Dr. Roby, two therapists, an intern, and a secretary.

Dr. Roby has developed a cognitive based program that consists of four sixteen week levels the clients progress through. The first three levels the client is required to attend individual and group therapy. Only group therapy was required for the fourth level. In order to progress the client had to complete various tasks and assignments along with abstaining from pornography. Polygraphs were used to determine whether the client could advance to the next level.

As an intern I was able to work with 18 different clients on an individual level and lead four groups (one adolescent group) and co-lead two groups. I was able to help the client reach the milestones required to advance to the next level while simultaneously implementing strategies and interventions to help clients with other issues they were facing. A lot of what I did was cognitive such as identifying thinking errors, teaching the client how to see things from their victims' perspective (empathy), and reframing their current situation and ideals.

While working there I learned a lot, but two main things stick out to me. The first one is how much impact labels seem to have on our society. As a society we tend to talk like we understand things just because we can label it. For instance, "oh my kid is ADD and that is why he acts that way," or "ADD is causing my child to act that way." We don't even know all of what ADD actually entails but yet we talk like we explained it. The same applies to sex offenders or any other person with a label. We tend to think we understand them as sick and degrading people because of the label "sex offenders," but we actually don't really know how that person earned or received the label "sex offender." Thus it is beneficial to step back and save our judgment for later.

Secondly, I learned that just because you can doesn't mean you should. This statement is a great "behavior checker." It helps one consider the consequences and their personal values before taking action. Thus the goal of this statement is to help someone keep their actions or behaviors in check and in line with their values.

Kylie Bair—Children's Justice Center- I LOVED my internship at the CJC. The Children's Justice Center is a homelike facility which serves children and families who are experiencing the crisis and chaos that comes with the disclosure of significant physical or sexual abuse of a child.

The Center is designed to help children feel safe and comfortable so that they may begin to deal with the difficult and often frightening issues that surround abuse. The focus and function of the Children's Justice Center is to reduce the trauma of the child abuse investigation and help the child feel safe to reveal the truth. (source: <http://www.utahcountyonline.org/dept/cjc/>)

As intern I was able to participate in a wide-range of services including individual counseling, family counseling, and in a group setting with children, adolescents, and adults. I also actively participated in community networking. I loved feeling like an advocate for the victims that we worked with and increasing awareness in the community as well as encouraging action and support. I also really enjoyed meeting weekly with a multi-disciplinary team from the community and staffing cases that were going through the juvenile court system. As a team with different specialties we would decide what was the most effective intervention for each individual.

I grew so much at this internship. I had no prior experience working with victims of sexual abuse and had a lot of concerns working with this population. I now feel very comfortable and confident working with victims of abuse and have developed an increased understanding and awareness of the trauma that surrounds sexual abuse, the confusion and pain that is experienced by victims, the individualized path of recovery and healing that each client has to journey, issues surrounding prosecution of perpetrators, the importance of awareness and prevention, the list really

could go on and on. The knowledge, experience, and skills I gained at the Children's Justice Center is truly priceless. I am a better social worker because of my experience there.



The Children's Justice Center in Provo, Utah

Katie Barber—Institute for Cognitive Therapy

I did my Spring/Summer 2011 internship at the Institute for Cognitive Therapy (ICT). When I found out that I was going there, I was dreading working with teenagers. I thought to myself teenagers are bad enough, but add drugs and they are unbearable. Needless to say, I was wrong. I ended up loving the youth. They were a lot of fun, open to trying new things and at times frustrating.

ICT allowed me the opportunity to do individual, family and group therapy. It was always interesting to see the client in these different settings. I had clients that did not talk when their parents were present, and I had clients that did all the talking when their parents were present. Group therapy was always a telling event, because it allowed the youth to share their beliefs and experiences with their peers. I'm grateful that I was able to gain experience (and learn) about how to use these separate types of therapy together and separately.

I'm very grateful for the opportunity I had to be at ICT. It was not always easy, but it was a growing and learning experience. I am grateful that I was able to work with a wonderful supervisor, Donna Castleton, and that I was able to learn from my peers.

MSW Student's Annual Turkey Bowl



The 3rd annual MSW turkey bowl was played on November 19th at Rock Canyon Park. The brutal match took place in deep snow and was attended by several first and second year MSW students, and a few of their spouses. "It was such a blast" exclaimed first year Makensie Baker. While both teams fought hard to the bitter end, the second years ended up scoring the final touchdown and winning the game. Everyone had a great time and enjoyed building cohort unity.



Top row left to right: Todd Jensen, Mike Bartlett, Zachary Duvall, Stephen Walker, Garrett Pace, Jessica Pace. Bottom row: Jacob Auna, Paul Shelton, Suzette Bartlett, Makensie Baker, Sarah Wilcox

Marriages and Newborns



Julie Lutz Potter, 1st year student MSW student, married Andrew Potter on October 8, 2011 in the Denver Colorado temple. They both served in Korea (in Pusan and Daejeon) and returned the same week, when Andrew's brother-in-law set them up.

Though they went to different colleges in Utah, they eventually ended up together in Provo and became engaged last May.



Jacob Kawenaokalani Auna, 1st year MSW student, and his wife Janice are pleased to announce the birth of their son Isaiah Kahaawi. He was born on December 30th and weighed 6 lbs 15 ounces. He is pictured with big sister Reyna.



JD Beck, 1st year MSW student, and his wife welcomed Carter David Beck (C-Dizzy) to the world on July 22, 2011 in American Fork Hospital.



Michelle Lizon Nielsen, 2nd-year MSW student, married Mark Nielsen in the Logan Temple on May 6, 2011. They met in a BYU singles ward while he was finishing up his masters of statistics program and she was getting ready to start the MSW program. "He helped me survive some of my research classes after I started the program," she says. Mark is now working full time while Michelle finishes the MSW program. They will be moving out of Provo once she graduates and finds a job.



Alumni Updates

The following information can be used for networking or just catching up. If you have a Facebook account, please 'like' the new BYU Social Work page to receive updates, connect with old classmates, and network. You can find the page by searching BYU School of Social Work.

Class of 1974



Marci McPhee (BSW) took a year-long leave of absence from her position at Brandeis University to be a volunteer English teacher in the Marshall Islands in the Pacific through WorldTeach.

Class of 1992

John Stewart (MSW) after working as the Clinical Director for ten years at New Haven Residential Treatment Center, John Stewart was recently promoted to the Executive Director position. He has been focusing on having more effective family therapy interventions in assisting families working through trauma they have experienced with their daughters.

Class of 1993

Nancy Skanchy (MSW) is currently working as an individual/couple/family counselor specializing in depression, anxiety, divorce issues, women's issues, parenting, culture issues, military culture, and adoption issues.



Darrell Noble (MSW) has continued his work as the Program Director of the Provo House of Hope. He has been focused on working with women, pregnant women, and women with children; where the women have substance abuse history.

Laura Lockwood (BSW) is working as a group therapist at Akron General Medical Center in their partial Hospitalization Program in Akron, OH. She is also a therapist for LDS Family Services doing individual, marital, and family counseling for the church. She is teaching a mindfulness class at a local studio, which she loves because it helps community members improve their ability to cope.

Class of 1999



Sarah Moore Oliphant (BSW) is a 3rd year Social Work PhD student at The Catholic University of America in Washington D.C. She recently presented a paper, "Human Trafficking in the

Caribbean: A Social Development Approach to Solutions" at the Global Awareness Society International Conference in San Juan, Puerto Rico in May 2011. Her current research interests include women's issues, international development, and organizations using international volunteers.

Class of 2002

Michael C. Benjamin (MSW) is currently working as an Outpatient Psychiatric Social Worker in the Child and Adolescent Psychiatry and Psychology Department at the Mayo Clinic in Rochester, Minnesota. He focuses on psychiatric assessments and treatment of children and adolescents with mental health issues, specifically PTSD and attachment among other general psychiatric disorders. His involvement with the Mayo Pediatric Mood Disorders Program was recently highlighted in a poster at the American Academy of Child and Adolescent Psychiatry Conference.



Class of 2003

Katie Johnson Tickner (BSW) lives in Florida with her husband and two daughters. They were married in December of 2005 and lived in South Africa for a year, then moved to Florida. On top of raising kids and working from home, Katie is volunteering with the Guardian Ad Litem program and is a mentor with the Leukemia and Lymphoma Society's Team in Training.

Class of 2004

Linda Vernon (MSW) has continued her work at Valley Mental Health in the Intensive Alcohol and Drug Treatment Program for Adolescents. She is focusing on ensuring that her clients practice relapse prevention skills in the clinic and on home visits. She is also working at developing increased trauma awareness and focus in their treatment. She was recently awarded the Valley Mental Health Outstanding Clinician Award for 2011.

Class of 2006



Ami Moffitt (BSW) graduated with her MSW from ASU in May 2011. She started her own business where

she contracts with adoption agencies in Phoenix working with birth mothers, adoptive couples, and foster care families. She provides case work and writes home studies. She is pictured with Sarah Meade (BSW 2009)

Class of 2007

Andrew Scotson (BSW 2004, MSW 2007) is currently working at the Tse-HooTsooi Medical Center in Fort Defiance, AZ (Navajo Reservation), focusing on Child & Adolescent Therapy, and Family & Couples Therapy.

Class of 2008

Estela Marquez (MSW) recently accepted a position working with BYU Multicultural Student Services in May. She will be working in multicultural student advisement.

Laurie Forbes (MSW) is working part-time at the Family Support Center in Salt Lake County, running AMAC groups, is DV certified, and works with teen or adult abuse survivors. She specializes in PTSD and its causes. She is planning on having her LCSW in February 2012.

Class of 2009

Sarah Meade (BSW) graduated from ASU in May 2011 with her MSW. She started a job with the Crisis Nursery Center and just had a baby girl on November 17th!

Class of 2010

Karissa Garr (BSW 2008, MSW 2010) is working at Family and Child Treatment of Southern Nevada - a nonprofit organization that specializes in victims of abuse and domestic violence. They specialize in trauma-focused therapy.

Marta Casbeer (MSW) was working as a director of social work services in a psychiatric nursing home, and quit to spend more time with her newborn son. She loves being a mother and is so grateful for her MSW degree!

Class of 2011

Sam Denton (MSW) is working at a private practice (KP Counseling Inc.) in Rockford IL. He works mainly with adolescents and youth dealing with anger and adjustment issues.

New School of Social Work Website

If you haven't already visited the new School of Social Work website, be sure to check it out at: socialwork.byu.edu. The new site is extremely user-friendly and contains several new features, including student and alumni profiles, social work resources, information about upcoming events, and faculty contact information. The site also includes several links to information about field internships. This new site will be a great resource for the School of Social Work and its faculty, students, and alumni. If you have any suggestions please contact us at socialwork@byu.edu.



Check out the new Social Work Video

The School of Social Work has recently released a new video entitled, *Social Work: A Profession of Compassion and Service*. This video was created to inform current and future students about the field of social work, promote the BYU Social Work graduate program and help prospective students get a better feel for our program. It highlights the values of social work and the MSW program. The video features past MSW graduates speaking about how social work has affected their lives and what they have been able to do since graduating from the program. Feel free to check out the video online at: <https://socialwork.byu.edu/Pages/Home.aspx> (under "About Us" section—BYU School of Social Work Video).



National Association of Social Workers

The National Association of Social Workers wants YOU!

NASW is making a continued effort to recruit BSW and MSW students, graduates and social work professionals.

This is a great opportunity to have an influence on national program planning and policy development.

By becoming a member, you take part in an organization that is instrumental to your profession.

For membership information
visit the Utah Chapter of NASW's website
at www.utnasw.org or call 801-583-8855