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Social Work
compassion Spirit

Brigham Young University

SCHOOL OF SOCIAL WORK HOSTS 4TH ANNUAL CONFERENCE

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The School of Social Work in the College of Family, Home, and Social Sciences hosted the Fourth Annual School of Social

Work at the University of North Carolina at Chapel Hill, presented on Intervention Research: Responding to the Gap

and mental health counselor in private practice in Vancouver, WA, presented on Helping Clients Heal Through Expanding



Above: Visiting Professor Jack Richman and BYU Social Work Faculty and students

Work Conference, "Research and Clinical Perspectives in Social Work Practice," on Friday in the BYU Conference Center.

The Conference featured theoretical and practical information for practitioners, who wish to apply specific techniques in their work with individuals, families and children. Dr. Jack M. Richman, professor and Dean of the School of Social

Work between Knowledge Building and Social Work Practice. Dr. Kirk Strosahl, co-founder of Acceptance and Commitment Therapy and an expert on managing depression and suicidal behavior, presented on Crossing the Chasm between Basic Research and Clinical Practice: The Example of Relational Frame Theory and Acceptance Commitment Therapy. Tamera Allred, an award-winning writer

Their Personal Stories.

In addition to the plenary speakers, three workshop sessions were offered. "Intervention development: Data driven practice," led by Dr. Jack Richman. "A primer in Acceptance and Commitment Therapy," led by Dr. Kirk Strosahl, and "Myth and Mountains in Cognitive Behavioral Therapy," led by Dr. Judy Norman, BYU associate professor in Social Work.



Dr. Seipel with mental health professionals



First-Year MSW Students attending the conference



School of Social Work Mission Statement

The mission of the School of Social Work at Brigham Young University is to support the overall mission of BYU and the Church of Jesus Christ of Latter-day Saints by generating new knowledge and by educating and training students to use the appropriate knowledge, skills, and abilities of the social work profession to serve children and families within their environment and the context of their specific cultures.

FROM THE DIRECTOR

BY DR. GORDON LIMB

The holiday season is a time of reflection and thanksgiving. It has given me the opportunity to ponder on the blessing of working at BYU...with incredible people in the School of Social Work. We have dedicated faculty who strive to provide the best training possible to our students, we have students who have a passion and dedication to help those less fortunate, and we have staff and student secretaries that are second to none.

We continue to be in a season of change as we work toward graduating our last BSW class (in December 2010). We are encouraged that applications for the MSW program continue to increase and the quality of our applicants and current students are stronger every year. For our faculty and staff, this is a good reminder that we need to keep improving in order to keep pace with our bright students.

As we continue to look for ways to strengthen an already strong clinical program beginning Fall 2010 our Clinical Practicum course, which involves students providing therapy to a client in the Comprehensive Clinic, will pilot a "live" supervision model. This will involve the supervisor and 3-4 students watching the therapy session behind a one-way mirror and giving real-time feedback before and after the session. This model is utilized by many top clinical Ph.D. programs and we believe it will be a good addition to strengthening the clinical skills of our MSW students.

As many of you know, this past fall was the first year students were admitted to the program in either the clinical practice or research emphasis. Our plan is to continue to provide strong clinical training, but the research emphasis allows us to also prepare a few students every year to go on to top Ph.D. programs. This fall also marked our first group of MSW students completing their research projects or publishable papers. Words like "logistic regression," "path analysis," and "structural equation modeling" were used by students as analyses approaches for their papers. We were commissioned to strengthen the research and statistics training of our students and we are on the right track.

With the retirement of Dr. Lynn Pehrson, Dr. Patrick Panos taking a faculty position at another university, and the recent retirement announcement of Dr. Elaine Walton, the College and University have allowed us, even in a hiring freeze, to recruit a one-year visiting professor in the School of Social for 2010-2011. We are sad to see colleagues leave but also excited about the opportunity to bring in another strong faculty member.

I continue to be excited about the future of Social Work at BYU. With great faculty and staff, dedicated students, committed agencies, and supportive alumni, I believe we have a strong foundation for continued success. We are committed to moving the Social Work program forward as we seek to be excellent in clinical social work and research.

Gordon Limb

FROM THE ALUMNI PRESIDENT

BY SANDRA L. WILKES

As president of the Alumni Association of the School of Social Work, I wish to welcome back all social work students. The Alumni Board extends to you many congratulations for choosing to follow this important education to a vital and ever growing profession.

On October 9, many of you were able to attend our annual Fall Social Work Conference entitled Research and Clinical Perspectives in Social Work Practice. Speakers included: Dr. Jack M. Richman, of the University of North Carolina at Chapel Hill, Dr. Kirk Strosahl, co-founder of Acceptance and Commitment Therapy and our own Dr. Judy Norman. We also were privileged to honor retiring Dr. Lynn Pehrson.

This year's conference was especially helpful in connecting the value of research to clinical practice. Conference attendees were benefitted by the expertise of each presenter and left with improved skills for social work practice.

The annual conference is dedicated to being a benefit to you, as professionals in the field. We encourage you to submit suggestions for topics and/or speakers, which will promote greater proficiency in your fields of practice.

As always, BYU's faculty and staff in the School of Social Work continue to dedicate themselves to distinguished social work education for future social work graduates. Change can be challenging, but striving toward greater excellence is the constant goal. As alumnus, we can be valued resources to both new and experienced social workers. Your input for networking opportunities is always welcomed. Please feel free to contact me with your suggestions at: grandysw@yahoo.com.

The Alumni Board encourages you to update your personal information at: <http://fhss.byu.edu/socwork/alumni/index.html> to receive new information on Social Work and Alumni happenings.

I am honored by this continuing opportunity to serve you, the Alumni Board, and this wonderful program and university.

Sandra Wilkes, Alumni President
 Terri Rowley, Alumni Board
 John Stewart, Alumni Board
 Mindy Woodhouse, Alumni Board
 Gordon Limb, School Director



Your donation helps provide an excellent educational experience for students. If each of our 4,000+ social work alumni gave just \$10 per year, that would fund a scholarship for a current social work student!

Yes, your donation matters!!

For donations to the School of Social Work contact:

*Jim Crawley
 940 SWKT
 Provo, UT 84602
jim_crawley@byu.edu
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Help give more students an "exceptional educational experience."

DR. KYLE LYNN PEHRSON

R E T I R E S

Dr. Kyle Lynn Pehrson retired on September 1, 2009, after a 27-year career at BYU and BYU-Hawaii. Dr. Pehrson began his MSW career in 1971 as a social work officer in the US Army. In 1976 he was chosen by the Army to return to school. At Walter Reed Army Medical Center he completed a two year advanced fellowship in child and family studies and concurrently earned his Clinical Social Work Ph.D. from Catholic University of America in 1980. He was then assigned to the US Army Academy of Health Sciences where he taught for three years.



In 1983 Dr. Pehrson was offered a faculty position as Associate Professor of Social Work at BYU Hawaii.

He resigned his active duty commission to accept the BYU-H offer; however, he maintained a US Army Reserve position and was eventually appointed as the Consultant to the Army Surgeon General for Reserve Affairs. After 31 years of military service, he retired in 2002 as a full colonel. The transition from the military to the academic environment was not difficult "because of good peers at BYU Hawaii."

As an Associate Professor at BYU-Hawaii, he served as the Social Work Program Director and as the Field Practicum Director. He taught undergraduate courses including: Introduction to Social Work, Human Behavior in the Social Environment, Group Work and the Field Placement Seminar. Dr. Pehrson taught at BYU-Hawaii for

seven years during which he also served as a Bishop. In 1990 he was invited to join the BYU Provo Social Work faculty.

At BYU Provo, Dr. Pehrson continued to teach the courses he taught at BYU-Hawaii and for nine years taught Family Life 100 (The Family Proclamation) for the School of Family Life. He also taught various graduate courses including: Advanced Group Work, Human Behavior in the Social Environment, and Clinical Supervision. He served as Associate Director and Graduate Coordinator (1993-94) and as Director of the School of Social Work from 1994-2000. He also served on the graduate admissions committee, the school executive committee, and the school curriculum committee and as the faculty representative for the College of Family, Home and Social Sciences National Advisory Committee and on the college curriculum committee.

Dr. Pehrson was honored by the Utah Chapter of NASW with the "Educator of the Year Award" in 2001 and by the BYU School of Social Work Alumni Association with the "John R. Christiansen Educator Award" in 2002.

Following Professor Pehrson's retirement, he will continue to teach the SFL 100 course for the School of Family Life and plans to do what he loves the most which is spend more time with his wife Edy and visit his seven children and 17 grandchildren more often (on his motorcycle, of course). He and Edy enjoy riding with the Temple Riders Association (TRA), a group of over 750 Latter-day Saints who ride motorcycles to temples across the USA. Dr. Pehrson is currently the Assistant General Director of the TRA. Professor Pehrson and his wife are planning to serve local missions and eventually serve "at least a couple of full-time missions."



"My best memories at BYU are centered around my relationships with faculty, staff, research assistants, peers, and students."

His most cherished memories at BYU are centered around his relationships with faculty, staff, research assistants, peers, and students. "I did wonderful things with my research assistants; we have great relationships." Dr. Pehrson participated in the hiring of most of the current Social Work faculty at BYU. "My greatest contribution to the school was hiring Lisa Willey, as our school secretary. She is the best school secretary and graduate secretary I've ever seen."

The School of Social Work would like to recognize Dr. Pehrson's extensive contribution to BYU and to the social work profession as a whole, we wish him well in his retirement. Professor Pehrson can be contacted at lynn.pehrson@byu.edu.

DR. ELAINE WALTON

ANNOUNCED HER RETIREMENT



Dr. Elaine Walton has announced that she will retire from BYU's School of Social Work at the end of this academic year (August 2010). We express our deep appreciation to Dr. Walton for her service as Director of the School of Social Work, Associate Dean in the College, and for her work as a faculty member and mentor to numerous social work students.



Dr. Walton will begin her retirement years by taking a trip to Ireland. Her husband's family came from Ireland and for a long time they have had the desire to visit there. Dr. Walton would like to serve a mission with her husband. If she could choose, she would like to serve a mental health mission (be a consultant to mission presidents) possibly in Africa or South America. She will also dedicate time to work on her personal and family histories.

"I would like to serve a mission with my husband. If I could choose, I would like to serve a mental health mission possibly in Africa or South America."

She looks forward to taking long walks every morning, reading a variety of good books, and having lunch with her friends. Dr. Walton and her husband have 27 grandchildren who live in six different states, so she plans to do some traveling. She does not expect to do any more teaching at BYU, but she would like to take some classes for fun. She said she will probably start with religion classes.



The School of Social Work would like to applaud Dr. Walton's extensive contribution to BYU and to the social work profession as a whole. We wish her the best as she and her husband embark on a new phase of their lives.



NEW NASW REPRESENTATIVES

New assignments have been given to the following individuals as representatives for NASW, Utah Chapter:

LaDawn Park

(BYU, MSW representative on the NASW Board)

Rachel Reist

(BYU, MSW representative on the NASW Board)

Jesse Ellis

(State-wide MSW representative on the NASW Board)

DR. JINI ROBY'S CAMBODIA

P R O J E C T S

Dr. Jini Roby continues expanding her work in behalf of orphan children in Cambodia. She worked as a UNICEF consultant with officials from the national Ministry of Social Welfare, Veterans' Affairs, and Youth Rehabilitation (MoSVY).

With the MoSVY Child Welfare Department, Dr. Roby worked with the CW officials and staff members, as well as ministry officials, to create the child welfare law that will impact all of Cambodia's children. After drafting the law, they held weeklong consultations in four representative provinces to gather feedback and to assess the feasibility and challenges of implementing the



law. Each of these meetings was attended by provincial, district, and commune level officers. She also wrote the operational manuals, training materials, and forms for implementing the programs laid out by the new child welfare laws.

Dr. Roby has enjoyed the challenges of the cultural context and she feels the community is achieving their goals. The work is centered at the commune level, the lowest unit of government. It is composed of about 20 small villages. Currently there are social workers only at the provincial and higher district levels, but the government is training many more to have their presence at the commune level in the near future. Dr. Roby believes that working at the communal level is what is giving sustainability to the project. The work is taking root among the communes and

this is the key element for continuing success. "Cambodians are open to dialogue and new approaches. There is a great work going on there," she stated.

Another focus is to explore issues of health, safety and education for orphan children. She stated, "the best situation



for orphans is with their extended family members. If this is not possible, an adoptive family will be the next best option. The government is cooperative and open to new ideas to assist its people. Cambodians are positive and resilient."



She has also worked closely with several governments and NGOs on family preservation, orphan care, ethical inter-country adoption policy and practice, and succession planning (especially in context of HIV/AIDS).



"The government is cooperative and open to new ideas to assist its people. Cambodians are positive and resilient."



GLOBAL AWARENESS SOCIETY

C O N F E R E N C E



BYU Group Award: Tahlia Cozzens, Dr. Michael Seipel, Isson Joseph, Tiffany Winder, Lorna Heppler, Marilla Leishman, Brittany Hofman Huntsman, LaDawn Park

In May 2009, Dr. Seipel and six first-year MSW students and one second-year student presented their original research papers at the Global Awareness Society International (GASI) conference held in Washington, DC. The theme of the conference was “Globalization: The Challenges of Prosperity and Inequality” and the student papers were entitled: “Poverty in Haiti” by Isson Joseph, and “Mental Health in Ukrainian Orphanage Children” by LaDawn Park. They were both recipients of the Crown Products Global Awareness Scholarship, provided by a donation from Mr. Kee H. Lee of the Crown Products Corporation in Louisiana.

Brittany Hofman presented on “The Impact of Political Conflict on Palestinian Children,” Lorna Heppler and Marilla Leishman presented on “Gender Empowerment and World Conflict,” Tiffany Winder presented on “Women’s Security and Gender Empowerment,” and Tahlia Cozzens presented on “Gender Empowerment and Health Behaviors.” They were all recipients of the Leland Stanford McKeeman Global Awareness Scholarship, an endowed memorial scholarship supported by the friends and family of long-time GASI consultant, Stan McKeeman.

This was a unique and welcome opportunity for students to present at a conference and become acquainted with the professional world. The audience was impressed with the level of scholarship BYU students displayed. For their effort, each student received a Global Student Scholarship of \$100 from the GASI, along with students from Bloomsburg University, Jackson State University, New York University, Penn State University, Howard University, and the University of Cambridge. Four of our students also received a \$400 graduate research grant from BYU Graduate Student Society to attend the conference. While there, students were able to see historical sites in Washington, DC and some of them traveled by train to Philadelphia. It was a great experience for everyone involved.



Above: Group GASI Below: Dr. Michael Seipel and BYU MSW Students



FACULTY ACCOMPLISHMENTS



Judy Norman has been involved with research on institutionalized children in Ukraine. The purpose of the ongoing collaborative research project was designed to determine the mental status of currently institutionalized children. This data is compared to a community sample in order to provide hard data to those influencing policy regarding children living in orphanages in Ukraine. Many countries are trying to eliminate orphanages, as current research clearly indicates that abandonment or institutional living has significant long-term negative impact.

Dr. Norman completed an arduous trip to Ukraine with two of her students: LaDawn Park and Jesse Ellis. Research in Ukraine yielded notification of a publication (*Families in Society Journal of Contemporary Human Services*). She also presented at the Social Work Alumni Conference the day after coming back from Ukraine.



Jini Roby served for seven months as a UNICEF consultant in Cambodia helping the government to establish a national child welfare system. This entailed drafting a law, collecting input from stakeholders throughout the country, holding focus groups, and training of trainers. For this work she was located in Cambodia for five months during 2009, and also worked from Utah for two months. In addition, Dr. Roby published the following articles and numerous reports for the UN system.

- Roby, J. & Ife, J. (2009). Human rights, politics and intercountry adoption: An examination of two sending countries. *International Social Work* 52 (2), 661-671.
- Roby, J. & Tanner, J. (2009). Supply and demand: Prostitution and sexual trafficking in northern Thailand, *Geography Compass*, 3 (1), 89-107.
- Roby, J., Shaw, S., Chemonges, E. & Hooley, C. (2009). Changing patterns of orphan care in Africa: Father absence and patrilineal neglect in the face of HIV/AIDS. *Families in Society* 90 (1), 97-119.
- Roby, J. & Wetzel, J. (2009). Statement of the International Association of Schools of Social Work on the theme: Women and men in care-giving in the context of HIV/AIDS. Accepted as official statement of IASSW by the UN Commission on the Status of Women.

Two of Dr. Roby's MSW students received research funding: Kerianne Dyer received a Graduate Fellowship Award for joint research with Dr. Roby on fathers and child wellbeing in Africa, and Marilla Leishman received the Sant Scholarship for her research with Dr. Roby on the narrative identity of youth in foster care.



Elaine Walton co-authored "Developing Cultural Competence with Latter-day Saint Clients," forthcoming in *Families in Society: the Journal of Contemporary Social Sciences*, and "Grandfamilies: A kinship parenting program," forthcoming in *Advances in Social Work*. She also completed a comprehensive survey of BYU Hawaii alumni and an evaluation of the relevance of the BYU-H education in foreign countries.

The National Association of Social Workers wants YOU!

NASW is making a continued effort to recruit BSW and MSW students, graduates and social work professionals.

This is a great opportunity to have an influence on national program planning and policy development.

By becoming a member, you take part in an organization that is instrumental to your profession!

For membership information
visit the Utah Chapter of NASW's website
at www.utnasw.org or call 801-583-8855



NATIONAL ADVISORY COUNCIL

The College of Family, Home and Social Sciences National Advisory Council (NAC) visited BYU on September 18th. The mission of NAC is to strengthen the college's efforts in teaching and research by building stronger ties with its former students, assisting with fund-raising, enabling alumni-student mentoring opportunities, and advising about curriculum enhancement that will better prepare students for the job market. This year's theme was "Communications with Alumni."

To improve communication with Alumni, the Advisory Council suggested shorter more frequent newsletters and a preparatory class for alumni interested in obtaining a Ph.D.

In response, BYU will implement an alumni portal system (iModules). This online community will allow the College to be able to reach out and create stronger ties with alumni, and will permit FHSS alumni and students to collaborate. Soon each department will email an invitation to join the network.

Some of iModules features include: email marketing, group management, and social networking.

NAC members are all MSW alumni: Mike Rowley (MSW 1997) from Kalamazoo, MI; Richard Hatch (MSW 1988) from American Fork, UT; Milinda Hudnall (MSW 2000) from Orem, UT; Natalie Petersen (MSW 2002) from Springville, UT; and Kerri Freeman Robinson (MSW 1998) from Alpine, UT.

THE 6TH ANNUAL MARJORIE PAY HINCKLEY LECTURE

**The lecture will be held on Thursday, February 11, 2010
In the Hinckley Center Assembly Hall at 7:00 pm**

Guest speaker will be

Linda J. Waite, Professor of Sociology



from the University of Chicago

Linda Waite is the Lucy Flower Professor in Urban Sociology.

Her current research interests include social demography, aging, the family, health, working families, and the link between biology, psychology and the social world.

Her current research focuses on the National Social Life, Health, and Aging Process (NSHAP), a study which has at its core a national survey of older adults first interviewed in 2005 and 2006. A second interview is planned for NSHAP respondents and their partners in 2010.

CONSULTATION IN UKRAINE

LaDawn Park (MSW 2010) was selected by Dr. Judy Norman as a research assistant to work on the mental health of orphanage children in Ukraine. The purpose of this ongoing collaborative research project was designed to determine the mental status of currently institutionalized children.

This data is compared to a community sample in order to provide hard data to those influencing policy regarding children living in orphanages in Ukraine. Many countries are trying to eliminate orphanages, as current research clearly indicates that abandonment or institutional living has significant long-term negative impact.



Above: Jesse Ellis with a Ukrainian child

Ukraine is addressing the social, behavioral, and emotional needs of children living in institutions by establishing a funded and functional foster care system.

As a first-year MSW student, LaDawn spent long hours compiling and analyzing data, preparing the presentation, and getting familiar with the culture of Uzhgorod, Ukraine. She also prepared herself financially to afford the trip,



Above: LaDawn Park with Ukrainian children

which was largely possible through a Marjorie Pay Hinckley Research Grant.

On September 27, 2009, LaDawn and Jesse Ellis (MSW 2010) travelled together with Dr. Norman to present the research at the annual Social Work Conference held at the University of Uzhgorod in Ukraine.

In Uzhgorod, they worked on the TOUCH Project (Take One Ukrainian Child's Hand), a sponsorship program for Ukrainian children. They were involved in the five TOUCH sponsorship programs: The Chaslivtsi Orphanage, The New Family Program, The Medical-Social Rehabilitation Center, Pavlovo Farm Home, and the Uzhgorod Public School. More information about the TOUCH Project can be found at: <http://www.sistercities.corvallis.or.us/uzhgorod-current/touch-project>.

In addition to the research, Dr. Norman's efforts are supporting the evolving Department of Social Work in Uzhgorod (founded in 1996) with current textbooks, annual conference presentations, and collaborative research. Research is financed by monies from BYU, as there are insufficient funds for needed research from within Uzhgorod National University.

After returning to Utah, LaDawn stated, "Being able to travel to Uzhgorod was by far the culminating experience of my time in the BYU-

MSW program. I feel that, more than anything else I have done in the program, this was the experience that truly showed me the heart of social work. I learned that a life could be changed so simply, by literally taking the hand of a child, by providing basic life necessities that so many of us take for granted, and by being a friend. I learned that love does not require words. I learned that Margaret Mead was right when she said, "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has." Going to Uzhgorod has forever changed my life, and it is an experience that I will never, ever forget."



Above: Dr. Judy Norman with a Ukrainian child

"Being able to travel to Uzhgorod was by far the culminating experience of my time in the BYU MSW program."

LIFE AFTER BYU

Cole Hooley (BSW 2008), Past-President of the BSW Student Association at BYU, recently received his MSW from Smith College School for Social Work.

Cole was not only an outstanding student at BYU but also a recipient of the Social Work Student of Promise Award in 2008. He was one of the two advanced standing students to be admitted to the MSW program at Smith College. Cole not only applied to Smith College but also to BYU and Columbia University. "It was hard to make a decision of where to go. I had to fast and pray to know where Heavenly Father wanted me to be."

At Smith College, he became the student co-chairman of the Curriculum Committee and collaborated with faculty, administrators, and peers. His main responsibility was to ensure the curriculum met the needs of students and faculty.

Cole enjoyed seeing social work from a different perspective at Smith College. Culture, political inclinations, theoretical approaches to social justices, clinical orientations, and the whole perspective were new to Cole. He found some commonalities among BYU and Smith College students. "They all want to make a difference in the world," Cole reflected. He feels fortunate to have acquired two perspectives of seeing the world and approaching social work issues.

Cole's biggest challenge at Smith College was to negotiate the role of being a male, mormon social worker and make it fit within the dominant social work dialogue. However, he successfully met this challenge and found many

opportunities to share his religious beliefs. In his antiracism course, students were asked to bring an object with which they could identify. Cole brought in his scriptures and while

Social Work about his religious beliefs and about what it meant to be a Mormon at Smith College.

Cole also let his hair and beard grow a little and found this enjoyable, but only for a few months. After a few months Cole shaved his beard and has not regrown it since.

He completed his internship at Manhattan Counseling Center where he worked as a therapist with adults with a variety of cultural and religious backgrounds. He worked on an antiracism project and developed a resource guide to help clients with forensic backgrounds.

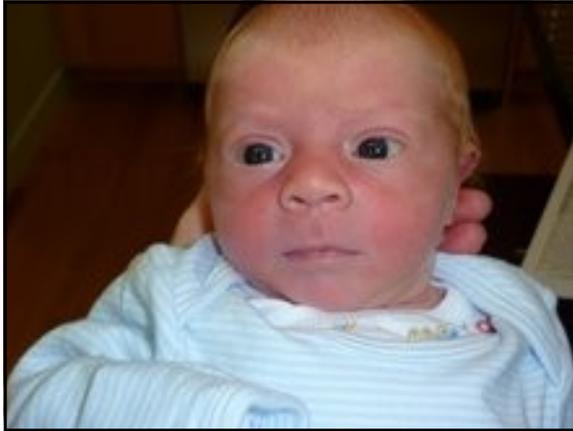
Cole's master's thesis was centered on fathers' involvement in their children's treatment. It was called "Engaging Fathers: Examining Social Service Agency Father-Friendliness and its Relationship with Father Involvement." This was an attempt to understand the intricacies of the interchange point between fathers and agencies by using longitudinal data collected by the Supporting Father Involvement study.

Cole's undergraduate experience at BYU prepared him well to face the rigors of graduate school. He stated, "It was nice to have had a really strong gospel orientation. BYU prepared me well academically and gave me a variety of experiences that helped me to succeed in grad school including research with Dr. Limb and Dr. Roby, an internship experience, and community work."

Cole attends a singles ward in New York and has made many friends there. His plans for the future are to get a job in NY and eventually earn his Ph.D.



2009 MSW STUDENT BABIES



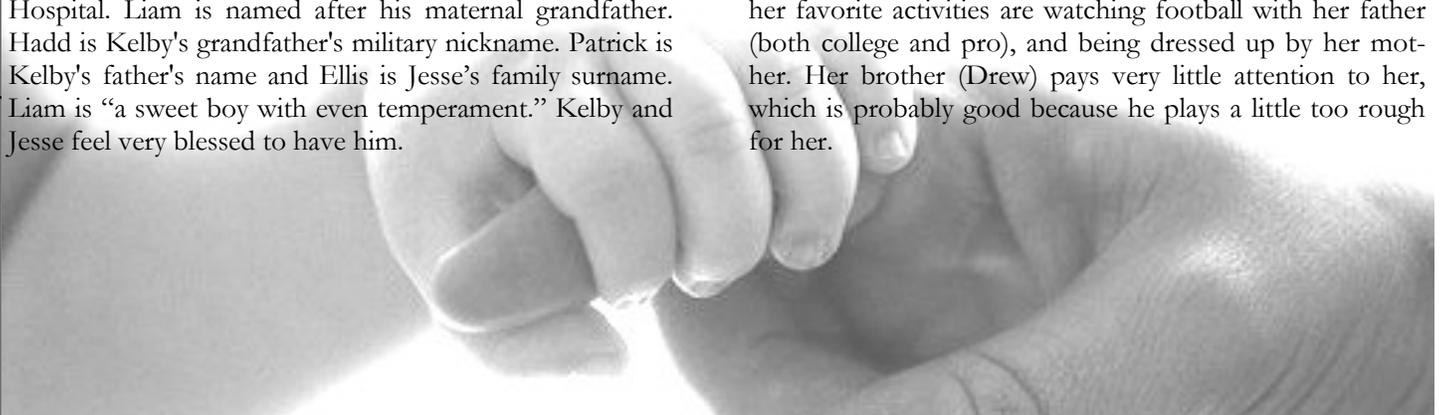
Jesse Ellis (Kelby)

Liam Hadd Patrick Ellis was born to Jesse and Kelby Ellis on September 3rd at 3:30 p.m. in the American Fork Hospital. Liam is named after his maternal grandfather. Hadd is Kelby's grandfather's military nickname. Patrick is Kelby's father's name and Ellis is Jesse's family surname. Liam is "a sweet boy with even temperament." Kelby and Jesse feel very blessed to have him.



Garrit Jacobson (Leah)

Garrit welcomed his second baby, Lily Jayne Jacobs, on Sept 15th. She weighed 7 lbs. 7 oz. She has a big smile and her favorite activities are watching football with her father (both college and pro), and being dressed up by her mother. Her brother (Drew) pays very little attention to her, which is probably good because he plays a little too rough for her.



ANNUAL SOCIAL WORK CONFERENCE ASSISTING VICTIMS OF HUMAN TRAFFICKING RESEARCH, POLICY & PRACTICE

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OCTOBER 28-29, 2010

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School of Social Work, Brigham Young University

**SAVE THE
DATE**

INTERNSHIPS

Tahlia Cozzens (MSW 2010) completed her summer internship at the Utah County Division of Substance Abuse, with the Promise Program, where she provided individual and group therapy. She stated, "I had a fantastic experience at Promise. It offered wonderful clinical experience. I learned a lot about substance abuse and how to do group and individual therapy. I received really good supervision and learned the importance of the therapeutic relationship."

She is completing her fall/winter internship at the Utah State Hospital on an adult psychiatric unit with the severely and persistently mentally ill. She stated, "I am lucky to have had two very clinical experiences for my internships."

Kerianne Dyer (MSW 2010) was selected as Dr. Jini Roby's assistant to complete an internship in Botswana. She stated,

"I had wanted to work with Dr. Roby during my undergrad, but it had never worked out. I feel lucky now."

Kerianne completed an internship at Childline Botswana, a non-profit, non-governmental

organization primarily serving abused children. The idea behind the project was to find out more about fathers in Sub-Saharan Africa. With the spreading of HIV/AIDS, female empowerment, modernization, fathers working away from home with multiple families, there appears to be possible trends in the development of a "modern African father."

The first year in the program, Kerianne read as much as she could about Africa and specifically Botswana. Any article, book, or publication that caught her attention she tried to include in her view of what was taking place. This was the first study like this in Botswana and one of the first focusing on fathers and their influence in Sub-Saharan Africa. Most research is done on women in Africa.

Kerianne also worked with Professor Mupedziswa, the Head of Department at the University of Botswana. During most weeks, she worked her clinical hours at a child advocacy agency called Childline Botswana. She spent any other time she had on the research. They hired four local research assistants, went through all kinds of red tape, and finally started performing surveys in urban and rural schools. They decided they would target adolescents and were able to get 700 completed surveys with teens 14-16 years old.

"It was a huge responsibility for me and stretched me in about every way possible. Working with Dr. Roby was a once in a lifetime opportunity. I also had an undergraduate student named Fred Brewer with me. He just started an advanced standing graduate program at New York University. Now that I am back, I am elbow deep in analyzing and writing up results for my project. Hopefully, the end result will reflect the blood, sweat and tears of everyone involved in this project."



Jeff Finch (MSW 2010) is completing his fall internship at Deseret Industries as a Development Specialist. He is providing therapy for individuals, couples, families and groups.

He also works with staff in resolving problems and developing and implementing goals. He stated, "The people I do therapy and group with are amazing. It is a privilege to work with them."



Lorna Heppler (MSW 2010) completed her internship at Wasatch Mental Health where she served in the new Vantage Point North Unit and at the American Fork Family Clinic.

She worked with adults but spent most of her time with adolescents. She did couple's therapy and family therapy. She stated, "Both of my supervisors were great to work with."

For her group experience she helped lead a Parenting Teens group.



INTERNSHIPS



Rachel Kim (MSW 2010) completed her internship at the International Rescue Committee (IRC), a refugee resettlement agency in downtown Salt Lake, working with clients from Iraq, Somalia, Burma, and Bhutan. Some of her responsibilities included picking up

refugees at the airport, driving them to their apartment, and then orienting them about leases, crosswalks, food stamp debit cards, and linking them to the Social Security office for further financial assistance. The purpose was to advocate for them and to help them navigate effectively in the system and to assist them in adapting to the American culture.

Karissa Garr (MSW 2010)

completed her internship at the Institute of Cognitive Therapy, a medium-sized practice, that specializes in substance abuse and domestic violence. Most of the clients are county-referred and court-ordered to attend treatment. ICT treats both adolescents and adults. Their practice is founded in cognitive therapy, though other techniques are also used. The evening hours are spent mostly in groups, while afternoon/morning hours are usually used for intake/assessments and individual or family therapy sessions. ICT plans on interns, which means interns are used to the fullest extent. It provides a very fast-paced, hands on clinical experience. Interns at ICT will get the opportunity to apply all the skills they've learned. Even though the focus is on substance abuse, interns treat a wide variety of issues and have the opportunity to work with a diverse client population. Interns receive supervision, but are also expected to be able to work as a clinician on their own. Karissa says, "it's a really great place to learn clinical skills with a variety of issues."



Brittany Hofman (MSW 2010) completed her summer internship at Utah State Hospital, Adult Northeast Unit. She provided individual therapy for six patients, participated in groups on and off the unit and attended weekly treatment team meetings. A highlight of her summer was being involved with a research study group, which included weekly recreation therapy activities for about 20 patients. The study involves the participation of social workers and recreation therapists to determine the effect of the crossover in how recreation therapy affects mental health.



Steven Hyer (MSW 2010) completed his spring/summer internship at Cirque Lodge, a residential treatment center for adults with addiction to drugs and alcohol. Residents stay a minimum of 30 days and may stay up to 90 days. As an intern, Steven provided individual and group therapy, as well as psycho-educational classes on relapse prevention, the 12 steps, and other topics related to substance abuse. He is currently an intern for LDS Family Services in the Provo agency. His current responsibilities include carrying a caseload of 5-10 individual clients and participating in group therapy. The therapy is a short-term format of 12 sessions or less.

Chelsea Jensen (MSW 2010) completed her internship at the VA Hospital Mental Health Clinic in Grand Junction, Colorado. Her responsibilities included helping individuals struggling with substance abuse, suicide ideation, PTSD, and other stress related disorders. She gained practical experience in prevention, workshop planning and implementation, as well as counseling services for individuals, couples, and groups. The VA has groups for Post Traumatic Stress Disorder, Schizophrenia, a general support group, and addiction groups. "Grand Junction is a very fun place for a single student to live--there is an active singles' ward and there are a lot of outdoor activities," she stated.

INTERNSHIPS

Marilla Leishman (MSW 2010) worked over the spring/summer term with adolescents at Turnabout Stillwater Academy in South Jordan, Utah. She did a presentation for the parents discussing pornography addiction and how to help the youth overcome and avoid it. She is currently at Cirque Lodge working with adults, who have substance dependence addictions. She is preparing a presentation on having a heart at peace, based on the book *The Anatomy of Peace*, by the Arbing Institute. She is also working on a research project with Dr. Roby, studying adolescent development and looking at foster youth and their readiness for the future.



LaDawn Park (MSW 2010) completed her summer internship at Wasatch Mental Health (WMH) as a child and family therapist in Youth Outpatient and in the Stride Day Treatment Program. She participated in a variety of therapies including play therapy, sand tray therapy, cognitive behavioral therapy, family therapy, group therapy, and parenting groups. She spent a great deal of her time

working as the group therapist for the 8-12 year olds in the program for children who have emotional and other related difficulties. Treatment is based on a structured system in which children learn emotional, social, and behavioral skills, to help them better succeed in life.

Rachelle Gallup (MSW 2010) completed her internship at Utah State Hospital on a Forensics unit where she learned more about individuals struggling with severe mental disorders. She worked with multiple individuals to help them gain or return to competency, to be able to face criminal charges

in court. She helped plan and instruct an Advanced Competency Group and assisted in a Unit Competency Group. In addition to these responsibilities, she assisted in gathering and organizing competency lesson materials that could be made accessible to group leaders throughout the State Hospital. Rachelle was also able to attend various court procedures such as GMI Hearings (Guilt and Mentally Ill) on USH campus and other hearings at the Fourth District Court in Provo.

She is currently an intern at LDS Family Services in Provo where she works with individuals struggling with a variety of presenting problems including depression, anxiety, residual effects of past abuse, sexual indiscretion and other acting-out behaviors, pornography and masturbation, concerned parents, "parentified" children, and other life situations.

Andy Westover (MSW 2010) completed his spring/summer internship at the Adult Outpatient unit at Wasatch Mental Health in Provo. He was involved performing comprehensive intake assessments (approximately 40 in three months, taking from 2-3 hours each from start to finish), and reached a maximum caseload of approximately 35 clients for primarily individual therapy. He was also a co-leader of a weekly men's domestic violence perpetrator group, which was a valuable learning experience for him. "I really enjoyed my time at WMH, especially because I felt as though I was accepted as a colleague and a valuable member of the staff, rather than just a warm body to take up space or do tasks others refused. There was a great environment of cooperation, friendliness, and mutual respect, and I feel that it greatly prepared me for the rest of my career in social work."



All MSW students complete 1,100 clock hours of internship over a 12 month period. Typically, students complete a full time internship during spring and summer terms after their first year of classes.

Historically, all MSW interns are paid.

MSW STUDENTS FORM TURKEY BOWL

First-year MSW students challenged the second-year class to the first annual MSW Turkey Bowl on Saturday, November 14th. The grueling game took place in the morning at the DT fields at BYU. Jay R, a first-year student, volunteered to be the coach. The second-year cohort beat the first-year cohort. Students enjoyed getting together to have fun and relax after exams. Students played on Thursday afternoons at Kiwanis Park to prepare for the games.



INTERNATIONAL STUDENTS SPOTLIGHT



Richard Alboroto (Philippines) speaks Tagalog, Cebuano, and English. He has resided in the United States for about five years having come the first time to serve a full-time mission in Guam. Previous to his interest in social work he was studying biochemistry, but changed his major after taking the Introduction to Social Work class. He discovered social work was a noble profession and helping people in need was a worthwhile and fulfilling job. He stated, "I enjoy working with people more than working in the science lab."

After receiving his BSW at BYU Hawaii he worked as a case manager at the AIDS Project in Los Angeles California. He decided to apply for the MSW program because he is passionate about helping people in need. He is in the research emphasis.

Upon graduation, Rick plans to get a Ph.D. in Social Work. He is planning to go back to the Philippines and work in a school or university.

Simon Peter Kayiki (Uganda). MSW student Kayiki was renamed Simon Peter when the British colonized his country, Uganda. Because British colonial governments have long been

unwilling to accept Afro centric names, officials selected familiar names from the bible and imposed them on African citizens. For this reason, Kayiki became known as Simon Peter. "Kayiki" is not his father's name. Kayiki reports, in his culture, men exercise high status and because of that their names are almost revered; as such they do not share names with children.

Kayiki likes to work out and run. At home, he also enjoys hunting and taking dogs and spears into the jungle to chase after wild animals.

He speaks English, a little Swahili, Xhosa, and Luganda. As he was mandated to speak English in his



elementary school, he found, he did not have enough vocabulary to articulate his views. Once he was caught "borrowing" his mother tongue, he was disciplined severely. Such discipline often consisted of being stripped with canes or even getting slapped. He stated, "the popular saying teachers used was "spare the cane, and spoil the child." To an external observer, this may be classified as child abuse, yet it was so socially acceptable, that those good teachers even received gifts from my parents for administering those punishments to me."

When he came to the United States and met other foreign students struggling to learn their first word in

English, he looked back to those days of learning his first words in English, and "thanked the Maker for being such a perfect equalizer."

Kayiki is in the social work field because he would like to make a difference in the lives of people who are suffering. "I am in to learn, and go back into the world to serve."

Mariela Olmedo (Chile) speaks Spanish, Portuguese, and English.

She came to Utah for the first time to visit her Chilean best friend. After spending two weeks on vacation she decided to study English and transfer her credits from Chile to BYU to continue her studies in psychology. After graduating from BYU she worked for three years as a Case Manager at Wasatch Mental Health with adults with severe mental illness. After this work experience, she decided to pursue her MSW. Upon graduation she would like to work in the international social work field. She stated, "living and learning in a new culture have been one of the most enriching experiences of my life."



ALUMNI UPDATES

Listed Alphabetically:

Dustin Bassett (MSW 2005) has been in private practice in Lehi since November, 2007 and a Bishop of his ward since February, 2008.

Josh Brown (MSW 2004) is currently working at VA Medical Center in Salt Lake City.



Sue Buehner (Wilson) (MSW 1996) is currently doing private practice in Salt Lake City.

Sylvia E. Canela (MSW 1988) has worked in Provo at the Utah State Hospital for the past 20 years.

Mary Ann Carter (Gialelis) (MSW 2005) is currently doing private clinical practice at Children Justice Center in Provo.



Michelle P. Cox (BSW 1997) passed away in Provo, UT on January 7, 2010 from pneumonia following the H1N1 flu. She is the daughter of Dr. Shirley Cox (current faculty) and sister of Michael Cox (BSW 1999, MSW 2001).



Sylvia Rios Davis (MSW 1990) has been in private practice in Springville for the past 11 years. She is married and has five children.

Toni Deveraux (MSW 2000) is currently working at Utah Valley Regional

Medical Center in Provo. Over the past nine years she has supervised between 25-30 students from BYU.

Bradley Evans (MSW 2007) is currently working at Wasatch Mental Health Adult Outpatient in Provo. He and his wife had their second child, a little girl, in August of this year.

Jason Hales (MSW 2001) is currently working at Intermountain Health Care Dialysis in Salt Lake City, Tooele, and Richfield.

Craig Hiatt (BSW 1977) is currently working at Scenic View Academy in Provo.



Korey Larsen (MSW 2006) is currently working as the Director of the Children's Unit at Utah State Hospital in Provo.

Rosemarie Miller Hunter, Ph.D (MSW 1986) received the Ariel S. Balif Graduate Social Work Award for academic and professional excellence in April 1986. She is currently working as a Special Assistant to the President for Campus-Community Partnerships and Director of University Neighborhood Partners (UNP). Rosemarie became Director of UNP in 2006.

In 1995, she joined the faculty of the University of Utah, where she is an Assistant Professor and previously served as Director of BSW Field Education and the Co-Director of the International Social Work program.

Randy Huntington (MSW 1995) after completing an internship at Adult Out-

patient at Wasatch Mental Health (WMH), was hired as a full-time therapist and currently serves as Program Manager for Intensive Residential Treatment (IRT). One of his primary responsibilities is to manage all the residential housing for serious and persistent mentally ill (SPMI). He also trains employees on personogenic communications. He has done private practice for nine years and has taught various courses at UVU, in the Psychology and Sociology departments. Randy is married and has four children. He lives in Spanish Fork. He can be contacted at: rhuntinton@wasatch.org.

Larry A. Krause (MSW 1995) is currently working as the Registered Play Therapy Supervisor at Family Support Treatment Center in Orem.

Tammy Leifson (MSW 2004)

is currently working as CRC Coordinator for VA homeless at VA Medical Center in Salt Lake City.



Barbara Lovell (MSW 2001) is currently doing private practice in Payson.



Tom Payne (MSW 1993) is currently working at Utah State Hospital in Provo.

Suzy Perkins (Van Wagoner) (MSW 1996) has worked at Aetna Behavioral Health for ten years. She stated "my most significant achievement has been to become a mommy."

ALUMNI UPDATE

Danielle Rasmussen (Kershaw) (BSW 2006) finished her MSW from the University of Nebraska Omaha in December 2009. She is married to Scott Kershaw and is expecting her first child in February 2010. Her husband is attending Pharmacy School at Creighton University.



Timothy Sutton (MSW 2005) went on to the BYU Law School and just passed his Nevada bar.

Gemma Williams (MSW 2007) is currently working as a counselor at LDS Family Services in Fountain Valley, California, primarily with the Spanish speaking population.



Michele Rees (Rowley) (MSW 1992) is currently working at LDS Family Services in Sandy, Utah.



Brian Thomas (MSW 2007) is currently working at Timpanogos Regional Hospital in Orem. He recently obtained his LCSW.

Ashley Sander (Rencher) (MSW 2004) is currently working at LDS Family Services in Sandy.

Jill Sabin Smart (BSW 1990) completed her MSW and is currently doing private practice. NOJOS credentialed. She directs children and adolescent treatment programs in Utah.

Sandra B. Smith (MSW 1996) is currently working as supervisor at LDS Family Service agencies in Provo and American Fork.

Kendra Van de Wetering (MSW 2006) is currently working in the Youth Outpatient program at Wasatch Mental Health (WMH) where she provides therapy to families and children. Kendra enjoys her work, especially when progress takes place and children are able to work through their issues. Prior to this experience, she worked for two years in the Crisis Department at WMH as a crisis worker and hospital liaison. She married Miles Wright in February, 2007.

She provides short-term counseling, to individuals (ages three and older), couples (premarital, marital) and families (parenting issues). She also assesses and counsels full-time missionaries, provides training on clinical topics to wards and stakes, supervises and trains teachers for the marriage and parenting psycho-educational classes and is a facilitator for the Addiction Recovery Program (adapted 12 step program).

Gemma stated, "working at LDS Family Services is a dream come true. Although we use empirically based theories and interventions in treatment, it is my belief that adding the spiritual component, most especially, the concept of the atonement, speeds up recovery and allows the healing process to be full and complete." Gemma can be contacted at: williams@ldsfamilyservices.org

MARCH IS SOCIAL WORK MONTH

Each year during March, the National Association of Social Workers honors social workers across the country. The theme of National Professional Social Work Month this year will be "Social Workers Inspire Community Action." BYU's NASW student branch will be hosting a myriad of activities during March.

For more information related to Social Work Month, 2010 at the national level, please go to www.socialworkers.org or www.helpstartshere.org.

